

Dear [REDACTED],

Seeing how your life revolves around the usage of alcohol and getting drunk is scary to me. You're one of my best friends and seeing how you're not able to do the things you love to do kills me. Your personality has changed drastically in the year that I've known you. I just want to spend time with the [REDACTED] that I knew last fall and early winter. I wish you really knew how special you are to everyone around you and how much everyone loves to be with you. Your alcohol use has been increasing every day and I don't want you at the point where you can't stop. All of these choices will begin to add up. You may never get to play competitive baseball again or you may never become the police officer that you strive to be. It's not too late, I promise. In my Detour class I learned many things, one being that you can always get back to the green zone in life. It will be incredibly difficult, but it can be done and you have the support system needed to succeed. Abstaining from alcohol is going to seem impossible but, when you realize just how happy you can be without it, it will be worth all of the struggle. Knowing that at any second I could lose the trust of my friends and family is heartbreaking, as I know it is for you too. These high-risk choices have the golden opportunity to ruin our lives as we know and love them. There are so many pros to low-risk decisions and so many additional cons to high-risk decisions. The high risk choices may seem more fun in the short term but in the long term, they're detrimental. You can control so much of this soon-to-be addiction and I want to help you. I love you so much [REDACTED]!

Sincerely,

[REDACTED]