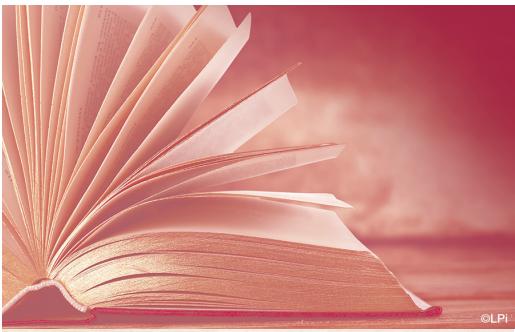


# WORSHIP & MEDITATION



## FIRST READING:

Whenever I speak, I must cry out,  
violence and outrage is my message;  
the word of the LORD has brought me  
derision and reproach all the day.

(Jer 20:8)



## PSALM:

My soul is thirsting for you,  
O Lord my God. (Ps 63)



## SECOND READING:

I urge you, brothers and sisters, by the  
mercies of God,  
to offer your bodies as a living sacrifice,  
holy and pleasing to God, your spiritual  
worship. (Rom 12:1)



## GOSPEL:

Jesus said to his disciples,  
"Whoever wishes to come after me  
must deny himself,  
take up his cross, and follow me."  
(Mt 16:24)

*Excerpts from the Lectionary for Mass ©2001,  
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Secular pursuits only bring a temporary amount of satisfaction and fulfillment. As much as we may think that achieving worldly success, economic security, personal well-being, and self-fulfillment are worthy goals to obtain, they all are dependent on external variables and can lead to emptiness. We are trained to be very pragmatic and productive. Unless we are able to check off all of the boxes or comply with specific measurable requirements, our value and worth becomes questionable. Corporations, educational institutions, systems, structures, and secular ideology rarely consider deeper, more spiritual, and human contributions a person can and needs to make.

To the secular mind, the wisdom and ideals of the Gospel are making less and less sense. Consider for a moment this question: "What profit would there be for one to gain the whole world and forfeit his life?" While Jesus is asking this very challenging question to people who are considering his message, many in our world are in a quite different place. Whether we realize it, many folks are asking a much different question. Why would you not want to gain the whole world and secure your life? If you look at where a lot of folks are investing their time, energy, and resources, it becomes obvious where current priorities rest.

Modern day comforts and possibilities are backing us out of our relationship with God. The fire burning in every human heart is trying to find its satisfaction in the things that humans have created and not God. Being altruistic and offering compassion for those most in need becomes a political responsibility or responsible gesture. We realize that our hearts need to be centered on something and someone who calls us out of ourselves, but we struggle and battle with naming the source of that call. God places the desire to seek, find, and love Him in the core of every soul. We are not abandoned and left to fend for ourselves. But we can easily get confused. We know that when we extend ourselves to another self-sacrificially, we are doing what is just and right. We know that we can work through suffering and loss and come out better and more whole on the other side.

Our minds need to be renewed so that they can begin to understand that there is much more to who we are, and that faith plays a pivotal role in achieving our true and everlasting goals. It is when we see that it is only faith that can bring us to this heightened awareness of ourselves and God that it will begin to make sense. Then, we can put things in proper perspective and consider being a disciple.