

Fullerton College Mindful Growth SPRING 2019

MINDFUL MONDAYS

12:00 – 12:30 PM

February 4	Art Gallery (Rm. 1004)
February 11	Art Gallery
February 18	Holiday
February 25	Rm. 228
March 4	Rm. 228
March 11	Art Gallery
March 18	Art Gallery
March 25	Art Gallery
April 1	Art Gallery
April 8	Art Gallery
April 15	Spring Recess
April 22	Rm. 228
April 29	Rm. 228
May 6	Art Gallery
May 13	Art Gallery
May 20	Rm. 228



The Mindful Growth Initiative fosters contemplative practices and growth opportunities to develop equity, student success, individual well-being, and community.