

Take care of **your health** and **protect others**



Wash your hands
often with water
and soap.



Cough or sneeze
in a tissue or in the
crook of your arm.



Use tissues and
dispose of them
in a lidded bin.



Stay home when
you are sick.



Avoid touching
eyes, nose and
mouth.



Avoid shaking
hands.



Avoid close contact
with people who
are sick.



Healthcare Homes
Group