Resilience Based Clinical Supervision

For Social Care Registered Nurses

'This has been the most meaningful programme I have ever done'

The Foundation of Nursing Studies (FoNS) is delighted to offer a fully-funded programme of Resilience-based Clinical Supervision specifically for nurses in England's social care sector.

What is Resilience-based Clinical Supervision?

Resilience-based Clinical Supervision (RBCS) is a tried and trusted model experienced by hundreds of nurses across the country and beyond. The model's rationale is to increase an individual's ability to respond positively to the emotional and physiological demands of their role.

Resilience-based Clinical Supervision is not management supervision or appraisal, it is a form of restorative clinical supervision.

Who's it for?

The programme is aimed at registered nurses and registered nursing associate in any social care setting. Participants will experience RBCS themselves, have the opportunity to practise and be supported to deliver RBCS to their care teams. This programme will provide participants with evidence for revalidation and CPD.

Programme details

The programmes are 13 hours (in 5 sessions) over a period of 10 weeks. The sessions are online but very interactive. Nurses who come on the programme can then offer supervision sessions to other nurses or HCAs in their care setting.

Programmes are offered on every day of the week, both mornings and afternoons, so we can suit people's requirements. We would hope that participants are able to attend sessions in work time.

Participants need to have access to a laptop and quiet space to join the participative sessions.

Comments from past participants:

It teaches you how to be resilient both personally and professionally.

It is a whole new way of completing supervision sessions…that empowers staff.

One of the most constructive, self-searching courses I have done.

I would highly recommend this programme as it helps managing one's own emotions and others'.

It challenges pre-conceptions around the whole supervision agenda.

Interested?

This programme is fully funded so free for individuals attending

For more information visit https://www.fons.org/programmes-development-opportunities/clinical-supervision/rbcs-for-social-care/

Or contact: rbcs.socialcare@fons.org

Terms and Conditions:

This is not a webinar - you need to be willing to participate actively. You will need to access on a computer with camera and mic.

Sessions build on one another so you need to be able to commit to attending all sessions.

A key to success is organisational buy-in, please consider this before signing up to the programme as you need time and resources.