

Are you living or working in a non-NHS care settings?

Help us to understand how to create healthier, safer, and more energy-efficient care and extra care homes by reducing the risks of extreme heat.



As weather gets warmer and homes are upgraded to be more energy-efficient, the UK needs to make sure our buildings stay safe and healthy for everyone.

The **HEARTH** goal is to understand how heat affects people's health in places like care settings with vulnerable people, ensuring that as we move toward a greener future, our indoor spaces remain cool, safe, and comfortable for all.

Who can take part?

- Residents living in non-NHS care homes and extra care homes.
- Staff working in non-NHS care homes and extra care homes.

Participation is voluntary.



What are the benefits?

- 👉 promote good design for care settings that are energy efficient and comfortable for occupants.
- 🏠 Help improve better care setting **design and safety for vulnerable residents.**

Want more information?

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What does taking part involve?

- 🏠 **Indoor temperature monitoring** in your bedroom, offices and communal area.
- 📋 Short 10-15 minutes **surveys/ interviews**
- 📅 Summer 2026 – Autumn 2029