



**Mahkesis Consulting**

Phone: (780) 870-6599  
mahkesisconsulting.janetf@sasktel.net

In Partnership  
with:



**Kari Chiappetta**  
Consulting Inc.

Event Planning & Workshop Facilitation

**Will be hosting**

## **Traditional Family Parenting- Creating a Teaching Bag**

**Monday October 28 and Tuesday October 29, 2019**

**Valhalla Inn Thunder Bay ON**

**9:00 am – 4:00 pm**

**Cost - \$550 (\$486.73 +HST)**

*Includes a parenting manual/ all power points/ supplies for baby rattle and moss bag/ refreshments*

This Traditional Family Parenting- Creating a Teaching Bag session will include training in the following topics:

- Creating a Baby Rattle and doll size Moss Bag
- How our Ancestors Raised their Children
- Importance of Bonding, Moss Bag, Swing
- Renew Parenting Skills Using the Teachings and Values

First Nations people have always had the knowledge that when you raise a child holistically; this prepared them to make positive choices; healthy relationships, healthy children which leads to healthy communities. We need to prepare the next generation as our teachings are a source of strength and identity. There is a need for more facilitators in this field as we can all make change.

It is now time to Reclaim that knowledge and provide and implement programs by using our Indigenous philosophies. ReClaiming our Indigenouness is 'reversing the process of colonization'. It is time to reach and claim our ancestral identity in order for our people to move forward. We need to start promoting the pride and history of our people from the perspective of the Indigenous Worldview.

The breakdown of our family systems began with colonization and residential school. When the first set of children went away our family systems began to deteriorate. The workshops that Mahkesis Consulting provides are about awareness of 'how it was in our Traditional Family Systems and 'how we can bring back these teachings along with the parenting skills and most importantly it is prevention. She has presented to all language groups and the teachings are similar in many language groups.



### **Facilitator – Janet Fox**

Janet Fox is a life skills coach and trainer for 14 years. She is a mother of 4 and a proud grandmother of 8. Janet shares her journey about the lack of parenting skills in her family system which stems from colonization, residential and lack of identity as she attended residential school and understands the effects from those years that she was not with her family. She has taken training with the Native American Fatherhood Association, National Indian Child Welfare

Association and the Native Wellness Institute.

Her passion is to share the teachings to other people and have presented workshops to approximately 200 First Nation communities from BC to Labrador, Aboriginal Child and Family Services, Government Child & Family Services, Schools, Cultural Camps and Youth Corrections, Awasis Conference, FSIN Wellness & Early Childhood, NNADAP, Health Nexus 2015 and 2017 and Creating A New Legacy 2015 in Brandon MB. She is a presenter and keynote speaker at many conferences in Canada.

### **Accommodations**

A block of rooms has been placed on hold at the at the Valhalla Inn, Thunder Bay at a rate of \$119 + HST/ Night. Individuals can reserve online at [www.valhallainn.com](http://www.valhallainn.com) or by calling 1 800 964 1121.

Please quote Group Booking Number 191027CREA to access the group rate.

### **Registration**

Completed registration forms can be sent to Kari Chiappetta by fax or email.

- Fax: 807 577 6800
- Email: [kcconsulting@shaw.ca](mailto:kcconsulting@shaw.ca)
- Online registration also available at [www.theconferenceplanner.ca](http://www.theconferenceplanner.ca)

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**For any questions regarding this training, please contact Kari Chiappetta at**  
**[kcconsulting@shaw.ca](mailto:kcconsulting@shaw.ca) or 807 621 6225**



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## **TRADITIONAL FAMILY PARENTING Creating a Teaching Bag**

### **AGENDA**

#### **Monday – October 28, 2019**

8:00 - 9:00 A.M.	Registration
9:15 - 9:30 A.M.	Opening Prayer, Opening Song and Opening Remarks
9:30 - 10:30	Janet Fox - Traditional Family Parenting – Teachings
10:30-10:45	Health Break
10:45-12:00	Janet Fox - Traditional Family Parenting
12:00 - 1:00	————Lunch ———on your own
2:30 p.m.	Rattles– Holly Johnson Moss Bags – hand sewn doll size
2:30 - 2:45 P.M.	Health Break
2:45 - 4:00 p.m.	Continue – Craft Activities

#### **Tuesday – October 29, 2019**

9:00 – 10:00	Rites of Passage Boys and Girls
10:00 - 1045	Health Break
10:45 – 11:15	How Can we help our Nations become stronger – Breakout session
11:15 – 12:00	Presentations
12:00 - 1:00	Lunch
1:00	Finish craft items
2:30 - 2:45 P.M.	Health Break
2:45 - 4:00 p.m.	Continue - Crafts
4:00 pm	Safe Travels

**Traditional Family Parenting**

**Creating a Teaching Bag**

**Registration Form**

**Valhalla Inn, Thunder Bay**

**October 28 & 29, 2019**

<b>Name:</b>	
<b>First Nation/Organization:</b>	
<b>Address:</b>	
<b>Email Address:</b>	
<b>Phone:</b>	<b>Fax:</b>
<b>Special Diet</b>	

**Cost: \$550.00/per person (\$486.73 +HST)**

HST Registration # 81251 4578 RT0001

Please make payment to:

**Kari Chiappetta Consulting**

**210 West Moodie Street**

**Thunder Bay ON P7E 5A4**

**Completed forms can be returned via:**

**Fax: 807 577 6800**

**Email: [kcconsulting@shaw.ca](mailto:kcconsulting@shaw.ca)**

Online registration also available at [www.theconferenceplanner.ca](http://www.theconferenceplanner.ca)

**DEADLINE FOR REGISTRATION: October 21, 2019**

**(You will receive a confirmation email, once completed registration form is received)**

<p><b>If you have any questions or concerns, please free to call:</b> <b>Kari Chiappetta at 807 621-6225 or email at <a href="mailto:kcconsulting@shaw.ca">kcconsulting@shaw.ca</a></b></p>
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