

SPORT SCIENCE COURSES

INTERESTED IN HOSTING?



Are you wanting to host a sport science course for your volunteers, coaches, parents, teachers and staff? If so, then this is for you!

There are different options when deciding on a course to host:

Sport First Aid – a 7-hour classroom course with content that deals with sport specific issues relating to liability, fitness and injury prevention, facility awareness, the medical kit and more.

Sport/Athletic Taping – a 7-hour practical course with content that deal with knowing when/when not to tape, ankle taping, wrist taping, tensor bandaging and more.

There are other options including Sport Nutrition and Mental Training.

What is involved in hosting a course?

South East District will provide the facilitators and workshop materials for clinic, oversee registration and set up logistics. The host community will then be asked to provide the venue and assist with promotion for the course.

Number of participants: There is a minimum of 12 people that are needed for the course to happen in your community.

How and when to apply?

To apply, submit the name of your contact person, two optional dates the course could be hosted, and where you would host.

Deadline: Contact South East District by June 21st to show your expression of Interest.