

## **COVID-19 Guidelines for HealthCare Professionals**

- Make sure patients who present with a fever, cough, and respiratory symptoms like shortness of breath wear a mask. Masks are available at every clinic check-in area.
- Front desk staff should notify a clinical staff member immediately on arrival of a sick patient, and have the patient placed into an exam room with the door closed.
- Use frequent hand hygiene and wash with soap and water for a full 20 seconds. Use hand sanitizer on entering and exiting all exam rooms.
- Clean with sanitizing wipes frequently touched surfaces and objects, including the front desk areas.
- Use appropriate PPE when caring for a sick patient.
- Avoid touching your face, mouth, and eyes
- Stay home if you are sick and follow call-out procedures for notification of your clinical supervisor for absences.
- **For Physicians and APP's** -Notify the emergency department if you plan to send a patient with a fever and cough who has travelled internationally in the prior 14 days for evaluation. **Do not administer aerosolized medications such as albuterol or conduct testing in the ambulatory site** as this could increase the chance of spreading virus. Patients should remain with a mask on covering nose and mouth at all times while in the clinic and exam room.
- All faculty and staff should self monitor travel and consider changing plans if you are planning travel to, or recently returning from the countries listed below. Please seek advice **before** returning to work if returned within the last 14 days. The CDC has expanded travel warnings several days ago and now include China, Japan, South Korea, Thailand, Hong Kong, Italy, Iran, Singapore, Taiwan, and Vietnam. The university has put travel restrictions in place. Please visit the website below for further information.
- If you are experiencing cough, fever, and respiratory symptoms following possible exposure to the flu virus or COVID-19, seek medical care as soon as possible. **Remember to call ahead and tell the healthcare provider's office about your recent travel and symptoms. Please also avoid contact with others and do not travel.**

### **Guidelines for you and your family:**

**There is still time for a flu shot to be effective. If you or a family member has not received a flu shot, it is recommended. COVID-19 mimics flu with the similar signs and symptoms of cough, fever and shortness of breath.**

- Be sure to frequently wash hands for 20 seconds and keep hands away from your face to prevent infection. Teach children how to properly wash their hands.
- Stay home from work and school when sick.
- Avoid all non-essential travel to countries where the virus has already spread. The recommendations for travel change frequently. See the CDC map with recommendations for travel restrictions.