



**RUTGERS**

Robert Wood Johnson  
Medical School

Homeless and Indigent Population  
Health Outreach Project  
Robert Wood Johnson Medical School  
Rutgers, The State University of New Jersey  
675 Hoes Lane West, N115/116  
Piscataway, NJ 08854

<http://rwjms3.rwjms.rutgers.edu/hiphop/index.html>

[susan.giordano@rwjms.rutgers.edu](mailto:susan.giordano@rwjms.rutgers.edu)

p. (732) 235-4198

f. (732) 235-4127

December 19, 2019

To Whom It May Concern:

The Homeless and Indigent Population Health Outreach Project (HIPHOP) at Rutgers Robert Wood Johnson Medical School will have their 21st annual HIPHOP 5K Helping Hands Fun Run/Walk on April 4, 2020.

HIPHOP works to build stronger, healthier communities by teaching tomorrow's doctors the value of serving the less fortunate. As a student-run organization working in New Brunswick and throughout Middlesex County, NJ, HIPHOP provides students with unique service-learning opportunities. Every year, our students participate in health screenings at local health fairs, education workshops on preventative medicine at homeless shelters and local public schools, serving dinner at Elijah's Promise Community Kitchen, provides primary care to an uninsured population and various other outreach activities.

HIPHOP Helping Hands 5k Fun Run/Walk serves as a fundraiser to help HIPHOP raise money for several of its' program, Promise Clinic—a student-run clinic in New Brunswick that provides free healthcare for a local community kitchen uninsured client population, Community Health Initiative—which amongst many community initiatives teaches health related prevention workshops, partners with community based organizations events and Local Interdisciplinary Care Collaborative—assessing community needs and providing community service. This year's 5K is sure to be a great event and we want to invite you to join us in our efforts to promote health education and primary care to community members in need.

If you are interested in running or registering a team to run, please submit the attached registration form(s). Please note that the registration fee is \$20.00 for a team registrant and \$25.00 for an individual registrant until March 20, 2020. After this date, registration is \$30.00 for all registrants.

We also hope that you will consider being a bronze, silver, or gold sponsor for our event by making a tax-deductible donation of \$100, \$250, \$400 or more. A generous contribution of \$100 or more will put your name or the name of your business on the T-shirt distributed to race participants. In addition to monetary donations, we would also appreciate any prizes such as gift certificates, food items, drinks or supplies that you could provide us for our race day. If you decide you would like to make a monetary donation, please make all checks payable to Rutgers University Foundation-HIPHOP 5k and forward your donations to the address listed on the letterhead attention Susan Giordano, HIPHOP/Program Director.

We would like to thank thank you in advance for your time and consideration. If you have any questions, please contact Susan Giordano, HIPHOP's Program Director at [susan.giordano@rwjms.rutgers.edu](mailto:susan.giordano@rwjms.rutgers.edu) or at (732) 235-4198

I look forward to seeing you at the race!

Sincerely,

Cynthia Zheng  
HIPHOP Student Director  
[cz204@rwjms.rutgers.edu](mailto:cz204@rwjms.rutgers.edu)

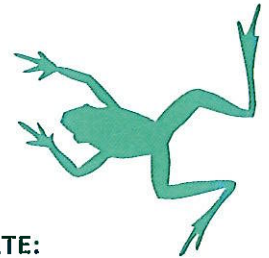


# RUTGERS

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## H.I.P.H.O.P. Presents 21<sup>st</sup> Annual

## 5k Fun Run-Walk



APRIL 4, 2020

JOHNSON PARK, PISCATAWAY

START AT 9 AM

REGISTRATION AT 8 AM

To register online: <https://runsignup.com/Race/NJ/Piscataway/HIPHOP5k>

For more information call: (732)-235-4198

Email [susan.giordano@rwjms.rutgers.edu](mailto:susan.giordano@rwjms.rutgers.edu) or  
[cz204@rwjms.rutgers.edu](mailto:cz204@rwjms.rutgers.edu)

**INDIVIDUAL RATE:**

\$25 BEFORE 03/20/2020

\$30 AFTER 03/20/2020

**TEAM RATE:**

\$20/PERSON FOR TEAMS OF 6+

(NO TEAMS AFTER 3/20/2020)

**First 75 registrants get a free t-shirt**

Note: Run/walk parking lot and starting point line is off River Road—  
Violet Drive parking lot.

*All proceeds go towards the Homeless and Indigent Populations Health Outreach Project (HIPHOP); Promise Clinic, Community Health Initiative, Local Interdisciplinary Care Collaborative, and community sites committed to caring for the needs of the underserved, which will fund community outreach events and initiatives.*

WAIVER: I, the undersigned, know that running is a potentially hazardous activity. I should not enter unless I am medically able. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all risks associated with running in this event, including but not limited to falls, contact with other runners, the effects of the weather, including high heat and humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of my entry, I for myself and anyone entitled to act on my behalf, waive and release Rutgers, The State University of New Jersey, the township of Piscataway, and all of their liabilities of any kind arising out of my participation in this event even though liability may arise out of negligence or carelessness arising on the part of the persons named in this waiver.

Name \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Age on race day \_\_\_\_\_ Gender: M / F T-shirt size: (circle one)  
Small Medium Large X-large

Where did you hear about this event? \_\_\_\_\_

Team Name \_\_\_\_\_

Email \_\_\_\_\_

Signature of participant \_\_\_\_\_ Date \_\_\_\_\_

Signature of parent/guardian (if under 18 years of age) \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_  
Please check here if you would like to be omitted from running.com email updates



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**HIPHOP 21st Annual 5k Fun Run/Walk**

**Sponsor/Donation Form**

Please send this form and your donation to the address listed above include Attn: Susan Giordano/HIPHOP Program Director by March 13, 2020. All checks should be made payable to Rutgers University Foundation-HIPHOP 5k.

Company Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Fax Number: \_\_\_\_\_

Contact Person: \_\_\_\_\_

\_\_\_ Yes, we are willing to donate to the H.I.P.H.O.P. 5K Run/Walk

Total amount donated: \$ _____
or
Prize/Food Donated(est. value): \$ _____

\_\_\_ Gold (\$500 +)

\_\_\_ Silver (\$250-\$499)

\_\_\_ Bronze (\$100-\$249)

\_\_\_ Friend (Under \$100)

\_\_\_ No, we are not willing to donate, but we may be interested in future years.

\_\_\_ No, we are not willing to donate and please do not contact us in the future.

Please make a copy of this form for your records.