

## Suicide Prevention Month - September 2022 Calendar of Events

### Tuesday, September 06

**11:00am Grand Rounds featuring Katherine Gold, MD, MSW (Rutgers NJMS –Department of Psychiatry) (Virtual)**

Topic: Secrets, Stigma and Shame: Progress on Physician and Mental Health & Suicide

Audience: Psychiatry residents/faculty, med students rotating Psychiatry

**Link to Attend:**

<https://rutgers.zoom.us/j/94795837547?pwd=cFNlWx2OTB0c1o4WEtLcGw1R2ptZz09>

**Passcode: 694584**

### Wednesday, September 07

**6:30pm – 7:30pm The Role of a Trusted Adult (Virtual)**

Topic: Join the LiveWell Center and the Society for Prevention of Teen Suicide to learn how you can be the trusted adult in a young person's life.

Audience: Parents, teachers, coaches, community members who work with youth

**Link to Register:**

<https://bit.ly/3bSice4>

### Monday, September 12

**11am - 2pm EAP Benefits Table (In-person at Monmouth Medical Center, Long Branch)**

Audience: Open to all

**11am – 1pm QPR Training Session, Rutgers University Behavioral Health Care (Virtual)**

Aim: To train persons how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help

Audience: Open to all (30 spots available)

**Link to Register :**

<https://rutgers.zoom.us/meeting/register/tJEscemopzspHNzoFuzMP8Uaa9zZWuwwAoz0>

### Wednesday, September 14

**11am - 2pm Holistic Committee Self Care Benefits Table (In-person at Monmouth Medical Center, Long Branch)**

Audience: Open to all

### Thursday, September 15

**7:30am-8:30am GME Grand Rounds featuring Dr. Christine Moutier (GME Central) (Virtual)**

Topic: Mental Health as a Vital Sign

Audience: GME

**Link to Attend:**

<https://rutgers.webex.com/rutgers/j.php?MTID=m261024912cf4ed18b3bc3798a2fe53f5>

**Passcode: GME2233**

**12:00pm RBHS-wide Interprofessional Grand Rounds featuring Dr. Christine Moutier (Virtual)**

Topic: Caring for Our Own: Reducing Suicide Risk & Enhancing Mental Health

Audience: Open to all

**Link to Attend:**

<https://rutgers.webex.com/rutgers/j.php?MTID=m9c352bea2d78eff48189c0853640b433>

Passcode: SA2022

**Friday, September 16**

**9am – 11am QPR Training Session, Rutgers University Behavioral Health Care (Virtual)**

Aim: To train persons how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help

Audience: Open to all (30 spots available)

**Link to Register:**

<https://rutgers.zoom.us/meeting/register/tJEscO-opzMpHtfra2kYxfSMLURKVrhTP-I->

**12:00pm Schwartz Rounds – Panel Discussion (Monmouth Medical Center) (Virtual)**

Topic: When Healthcare Givers Need Help

Audience: Healthcare providers and learners

**Link to Attend:**

<https://rutgers.zoom.us/j/98994822559?pwd=R1VCWGJBaythRDZqVTRicVNKZVpJUT09>

**Saturday, September 17**

**All Day** National Suicide Awareness Day for Physicians

**Monday, September 19**

**9am-11am QPR Training Session, Rutgers University Behavioral Health Care (Virtual)**

Aim: To train persons how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help

Audience: Open to all (30 spots available)

**Link to Register:**

<https://rutgers.zoom.us/meeting/register/tJUoc-2tqz0oHtCDjQza-CMP-TTliegaYR-w>

**Tuesday, September 20**

**All Day Tuesday Tabling @Ernest Mario School of Pharmacy (In Person at EMSOP):**

Materials from *988 Suicide and Crisis Lifeline* as well as other helpful information

Audience: Open to all

**11:30am-12:30pm Resource Table**

(In person at RWJBarnabas Health Behavioral Health Center in Tom's River, NJ)

**1:00pm Webinar featuring Barbara Brilliantine, N2N & Maureen Brogan, TLC (Virtual)**

Topic: Understanding Suicidal Behavior Among Nursing Staff/Faculty

Audience: School of Nursing Faculty/Staff

**Link to Attend:**

<https://rutgers.zoom.us/j/93157717093?pwd=c0p6MVZhK01nWIdxelUySkVwLy82QT09>

**Wednesday, September 21**

**12:00pm Wellness Wednesday's: EMSOP's Lunch & Learn Series (Virtual)**

Topic: Compassionate Self-Care

Audience: Open to All

**Link to Attend:**

<https://rutgers.zoom.us/j/99256794914?pwd=cTYwdTdPWEozMURaU0FCSDFCTG1mUT09>

**Thursday, September 22**

**12:00pm 988 Suicide and Crisis Care Transformation (Virtual)**

Topic: Learn more about 988, who should call, why to call, what happens when you call, how it differs from 911, and what the larger mental health crisis response system can do.

Audience: Open to all

**Link to Register and Attend:**

[https://rutgers.zoom.us/webinar/register/WN\\_RpKw\\_3YWRMSt1aEtT6vVbA](https://rutgers.zoom.us/webinar/register/WN_RpKw_3YWRMSt1aEtT6vVbA)

**Friday, September 23**

**11am-12pm Stigma Reduction: Talking to Youth about Mental Health and Suicide Prevention**

Co-sponsored with Horizon, featuring Dr. Fred Foley, RWJBH Employee Assistance Program

Audience: Open to all

**Link to Register:**

<https://register.gotowebinar.com/register/8858286223189446925>

**11am-1pm QPR Training Session, Rutgers University Behavioral Health Care (Virtual)**

Aim: To train persons how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help

Audience: Open to all (30 spots available)

**Link to Register:**

<https://rutgers.zoom.us/meeting/register/tJwod-irqDojEtNgt3O1y7ml7EDceXlzWcOw>

**Saturday, September 24**

**Out of the Darkness Suicide Prevention Walk**

**Join the Behavioral Health Center team at the Walk in Lake Como in Monmouth County  
at 8:00am**

**or find another walk location, date, and time here:**

<https://supporting.afsp.org/index.cfm?fuseaction=donorDrive.eventList&eventGroupID=9AA117>

<B3-F522-BB6D-359D1AA2D75A7958&state=NJ>

**Tuesday, September 27**

**All Day   Tuesday Tabling @ Ernest Mario School of Pharmacy (In person at EMSOP):**  
Materials from *988 Suicide and Crisis Lifeline* as well as other helpful information

**Wednesday, September 28**

**12:00pm Wellness Wednesday's: EMSOP's Lunch & Learn Series (Virtual)**

Topic: Conversations on Medication & Suicide: Untangling the Facts from the Fiction (EMSOP)

Audience: Open to All

**Link to Attend:**

<https://rutgers.zoom.us/j/99376652193?pwd=S1d1UGZidGZDZlFucmFyYWp5NkRhZz09>