

Congregation Beth El

Preserving Tradition...Embracing Change

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Three Pillars: on Torah (Learning,) on Avodah (Prayer,) and on Gemilut Hasadim (Acts of Kindness) – Pirkei Avot 1:2



Beth El continues the Three Pillars program during our High Holiday services. The above teaching reminds us that the three pillars of learning, prayer, and acts of *tzedakah* are foundational to the world. Since the high holidays represent the birthday of the world, we sought to create meaningful spiritual connections through study and action, in addition to worship.

On **both days of Rosh Hashanah** and **Yom Kippur**, there will be opportunities to engage in participatory learning and acts of *tikkun olam*, repairing the world, from **10:00am-11:00am** and from **12:00pm-1:00pm**.

The learning opportunities are as follows:

Rosh Hashanah Day One:

10:00am-11:00am: *Ki M'Tzion Teitze Shira*: The Days of Awe as seen through the eyes of Israeli Poets, from Secular to Religious, from the *Moshav* to the city, from escaping to Sinai, to finding comfort in synagogue, with Rabbi Meirav Kallush, Director of Israel Education at Golda Och Academy

12:00pm-1:00pm: *God Heard the Cry of the Child*: Being Angelic Voices to end Family Separation, using our Torah as a Textual Catalyst, with Rabbi Jesse Olitzky

Rosh Hashanah Day Two:

10:00am-11:00am: *The Juxtaposition of Hope and Fear*: Exploring the frightening and painful account of the Binding of Isaac, a story of ultimate betrayal and alienation, and comparing that with a Jeremiah's message of love, compassion, homecoming, and redemption found in the Haftarah, with Rabbi Sheryl Katzman, Associate Director, Legacy Heritage Instructional Leadership Institute, Wm. Davidson School of Education

12:00pm-1:00pm: *Teshuvah and the Struggle with Mind-Forg'd Manacles*: Lessons from Northern State Prison, with Rabbi Rachel Marder

Yom Kippur:

10:00am-11:00am: *Finding Personal Meaning in Fasting*, with Rabbi Kerry Olitzky, prolific author of many books including *Preparing Your Heart for the High Holy Days*

12:00pm-1:00pm: *Big Fish and the Urgency of Prophecy*: Analyzing the Book of Jonah to understand how we shape our future, with Rabbi Jesse Olitzky