



Three Pillars: on Torah (Learning,) on Avodah (Prayer,)

and on Gemilut Hasadim (Acts of Kindness) – Pirkei Avot 1:2



Beth El continues the Three Pillars program during our High Holiday services. The above teaching reminds us that the three pillars of learning, prayer, and acts of *tzedakah* are foundational to the world. Since the high holidays represent the birthday of the world, we sought to create meaningful spiritual connections through study and action, in addition to worship.

On **both days of Rosh Hashanah** and **Yom Kippur**, there will be opportunities to engage in participatory learning and acts of *tikkun olam*, repairing the world, from **10:00am-11:00am** and from **12:00pm-1:00pm**.

The acts of *tikkun olam*, acts of *Tzedakah* are as follows:

Rosh Hashanah Day One:

10:00am-11:00am: *Baking Apple and Honey Cakes*: Bake for residents of Village Apartments of the Jewish Federation and South Orange B'nai B'rith Federation House **Location**: Beth El Kitchen

12:00pm-1:00pm: *Support the Anti-Cruelty Society*: Help make tug toys for rescue shelter dogs that are homeless and ownerless victims of Hurricane Dorian **Location**: Lower Level

Rosh Hashanah Day Two:

10:00am-11:00am: *Baking Apple and Honey Cakes*: Bake for residents of Village Apartments of the Jewish Federation and South Orange B'nai B'rith Federation House **Location**: Beth El Kitchen

12:00pm-1:00pm: *Hair Bows and Headbands*: Make hair accessories for Vegas Cute, a group that delivers hair bows and headbands to hospital-bound children **Location**: Lower Level

Yom Kippur: 10:00am-11:00am: *Collect and Sort Non-Perishable Food Items*: Help us as we sort the food items that members of our community donated for the Interfaith Food Pantry of the Oranges, as well as for our bottled water collection for Newark residents **Location**: Lower Level

12:00pm-1:00pm: *Who Shall Live and Who Shall Die*: Making a Modern-day Memorial to Victims of Gun Violence **Location**: Lower level and Outside (weather permitting)