

Dear All Saints Academy Families,

In keeping with our mission to maintain a safe, healthy, and nurturing environment, we are providing annual educational information regarding the identification, treatment, prevention, and management of head lice.

While head lice can be a significant nuisance and a source of family anxiety, they are not a communicable disease, do not carry or transmit illness, and are entirely unrelated to personal hygiene or cleanliness.

To help protect our students and support our families, please review the evidence-based guidance outlined below:

- What They Are: Head lice are tiny, crawling insects about the size of a sesame seed that live in human hair and lay eggs (nits) on individual hair shafts. Common symptoms include an itchy scalp or the sensation of something moving in the hair.
- How They Spread: Lice cannot jump or fly; they spread almost exclusively through direct head-to-head (hair-to-hair) contact.

Interestingly, clinical research shows that head lice are far more likely to spread between children during family gatherings, play dates, and sleepovers than in the school classroom. Furthermore, head lice cannot survive for more than a day or two off of a human head. Consistent checking is the most effective way to catch and control lice before they spread.

If you discover head lice, please do not panic, as they are highly treatable:

- Effective over-the-counter and prescription products are widely available.
- Thoroughly combing the hair with a fine-toothed metal comb to manually remove nits is a critical step in eliminating an infestation.
- Please teach your children to avoid head-to-head contact during play and discourage them from sharing personal items that touch the head, such as hats, hoodies, hair ties, or combs.

More information about the All Saints Academy Head Lice Policy can be found in the [2026-2027 ASA Handbook](#).