

LEARNING
ACTIVITIES



FUN!



Sign up by
calling
Firehouse
Community
Center
at
(916) 567-9567
Facilitated by:
Eve



The Mutual Assistance Network of Del Paso Heights

Make Parenting A Pleasure

Come join this exciting parenting skills series.

Series begins on Oct. 19, 22 for
parents/guardians with
Children.

The series will highlight topics such as: *positive discipline techniques, child development, communication skills, how to better manage anger and stress*, and many more. So sit in for a few sessions or stick around for all 13 sessions and earn a Certificate of Completion!

Lesson Days:

- Lesson 1: 10/19/22**
- Lesson 2: 10/20/22**
- Lesson 3: 10/26/22**
- Lesson 4: 10/27/22**
- Lesson 5: 11/02/22**
- Lesson 6: 11/03/22**
- Lesson 7: 11/09/22**
- Lesson 8: 11/10/22**
- Lesson 9: 11/16/22**
- Lesson 10: 11/17/22**
- No Class Thanksgiving week**
- Lesson 11: 11/30/22**
- Lesson 12: 12/01/22**
- Lesson 13: 12/07/22**

Oct. 19, 22– Dec. 07, 22
Wed./ Thurs.
3:00pm-5:00pm

*This workshop, if completed, can fulfill
the requirements for Children's Protective
Services and Juvenile Court.

