

It's a new year! Are you ready for a new YOU? Come check out what we have to offer! We have classes for all ages starting at 3yrs old!

Accepting New Students now!

Kickers class (3-5 yr olds) registration is also open for our next cycle which begins in March. Mention you saw this and we will waive your registration fee!

Check out this article from <u>parenting.com</u> about the benefits of Karate.

http://www.parenting.com/article/karate-kids-the-benefits-of-martial-arts

See you soon!