

FLEXIBLE FAMILIES: PARENTING  
THROUGH SEPARATION AND  
DIVORCE

*Enroll early!* Enrollment is on a first-come, first-serve basis. There may be a waiting list due to class size limitations. You must be available to attend both sessions within a class. You cannot choose a date from one class and a second date from another class. You will be contacted to advise you of the dates of the class in which you are enrolled and the class location.

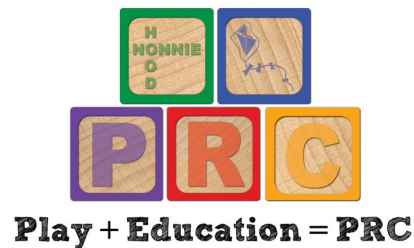


Are you currently in danger of your partner or ex-partner doing any of the following:

1. Physically hurting you by, for example, pushing, grabbing, slapping, hitting, choking or kicking?
2. Threatening to hurt you, your children or someone close to you?
3. Stalking, checking up on you or following you?
4. Making you afraid?

\_\_\_\_YES. (You will be contacted by a program administrator. Please indicate the safest way to contact you.)

\_\_\_\_NO. (None of the above applies to me or I choose not to answer these questions at this time).



## NONNIE HOOD PARENT RESOURCE CENTER

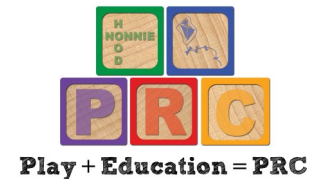
300 Civic Center Plaza Suite 210  
Corning, NY 14830  
Phone: (607)936-3837, ext. 10  
Fax: 936-1273

**For more information, contact our provider:**

Julie Matusick, Education Manager  
E-mail: [jmatusick@nonniehoodprc.org](mailto:jmatusick@nonniehoodprc.org)

**[www.nonniehoodprc.org](http://www.nonniehoodprc.org)**

## NONNIE HOOD PARENT RESOURCE CENTER



## FLEXIBLE FAMILIES: PARENTING THROUGH SEPARATION AND DIVORCE **2017 SCHEDULE**



Empowering parents with information and skills, strengthening parent-child relationships, and fostering children's resilience and healthy development...

## EACH SESSION WILL OFFER PARENTS INFORMATION ON...

- The emotional experience of separation and divorce for parents and children
- What parents can do to help their children adjust
- How to keep kids out of the middle of parental conflict
- Tools for parenting apart
- Understanding the legal process (custody, visitation, child support) and its effect on children
- Local Resources available to help families

We use the A.C.T. (Assisting Children Through Transition) For The Children Curriculum. It is an innovative prevention program that helps reduce the impact and long-term effects of divorce or separation on children by teaching their parents how to contain conflict and act in the best interest of their children.

It teaches parents specifically how to keep their children and family healthy. It teaches effective communication, problem solving, conflict resolution, establishing a business-like relationship with a former partner, and strengthening parent-child relationships.

Lectures, role-plays, video tapes, and discussion are the instructional tools used in the classroom.



## FLEXIBLE FAMILIES: PARENTING THROUGH SEPARATION AND DIVORCE



### 2017 CLASS SCHEDULE\*

**ONE SESSION:  
9AM-2PM**

JANUARY 25  
MARCH 23  
APRIL 20  
JUNE 29  
AUGUST 24  
OCTOBER 18  
NOVEMBER 29

**\*DATES SUBJECT TO CHANGE, WEEKEND  
CLASSES AVAILABLE UPON REQUEST.  
CONTACT US FOR THE MOST UP-TO-DATE  
INFORMATION!**

UPON COMPLETION, PARTICIPANTS WILL  
RECEIVE A CERTIFICATE.

**CHILDREN ARE NOT PERMITTED TO  
ATTEND CLASSES.**

## CONFIDENTIAL ENROLLMENT FORM

This form and the applicable fee, made payable to the Nonnie Hood Parent Resource Center, must be submitted in order to enroll. All information will be treated as confidential.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (home) \_\_\_\_\_

(work) \_\_\_\_\_

Fax \_\_\_\_\_ E-mail \_\_\_\_\_

**Name of Child(ren)'s other parent**

Date you prefer to attend: \_\_\_\_\_

Second choice date (if first is full) \_\_\_\_\_

Who referred you to this class?

\_\_\_\_ Family Court File No. \_\_\_\_\_ Docket No. \_\_\_\_\_

\_\_\_\_ Supreme Court Index No. \_\_\_\_\_

\_\_\_\_ Mental Health Professional \_\_\_\_ Mediator \_\_\_\_ Self

Judge (list name) \_\_\_\_\_

Other (please specify) \_\_\_\_\_

\_\_\_\_ Enclosed is my payment of \$100.00

**You may be eligible for a reduced rate.**

\_\_\_\_ I am interested in finding out. The number of people in my household for whom I provide support for is \_\_\_\_\_. The annual gross income in my household is \$ \_\_\_\_\_. (It is required to enclose proof of income. You will receive notification advising whether you qualify for a scholarship).

**Please fill out both sides of this panel and mail to:**

**Flexible Families, Nonnie Hood Parent Resource Center**

**300 Civic Center Plaza Suite 210 Corning, NY 14830**

**Please call 607-936-3837 if you need more information.**