

# First Methodist Conroe

## CARE CONNECTION



September 2023

## Lives Well Lived Through Community!

Care Connection is a bimonthly publication designed to share ways for our homebound, those in assisted living, and our senior adults to stay connected to the life of the church. Each issue will include community resources and useful tips to keep you more active and engaged.

### COMMUNITY RESOURCES



#### Terrie offers free consultations and free online workshops.

Have you met Terrie Martin? Terrie and her family have been members of FMC for over 10 years. It is Terrie's joy to be able to help others with Medicare coverage and benefits.

October 15th marks the beginning of the Annual Enrollment Period for Medicare. It's the time of year that everyone may change Medicare Advantage plans. The difficulty surrounding this event is knowing which plan is best for you. Medicare Advantage is not a "one-size-fits-all" program. What may be best for one spouse might not be right for the other; which begs the question: How do I know which plan is best for me?

Terrie can help answer questions regarding new and existing enrollment, timelines and deadlines, avoiding penalties, ways to save money, out of pocket, prescriptions, perks, options for Veterans and more! Terrie can help eliminate any stress or fear of making costly mistakes.

You can reach out to Terrie at 281-468-6506 or at [www.YourMedicareMadeEasy.com](http://www.YourMedicareMadeEasy.com)

### SENIOR CARE



Always Best Care specializes in helping seniors who wish to remain in their home, but need some assistance.

Having the appropriate staff for each level of care means peace of mind for our clients and their families, Always Best Care expertly matches each client with the right care provider.

Our flexible care programs vary from hourly, as well as night and respite accommodations. Our process includes a personal consultation with a Care Coordinator at no charge to you. We'll thoroughly discuss your care needs, create a written, detailed care plan, and work with you or your loved one to determine how to best meet your requirements. We may also coordinate billing with insurance providers.

For more information, please call 832-585-1941 or go to [www.abcthewoodlands.com](http://www.abcthewoodlands.com).

- Light Housekeeping
- Live-in-Care
- Meal Preparation
- Medication Reminders
- Mobility
- Nutrition Monitoring
- Overnight Care
- Safety Supervision
- Technology Assistance
- 24-Hour Care
- Bathing, Grooming & Dressing
- Cognitive Impairments
- Companionship
- Errands & Transportation
- Escort to Activities
- Hospice Support / End-of-Life
- Hospital to Home
- Incontinence / Toileting
- Laundry Services

Website  
[www.fmconroe.org](http://www.fmconroe.org)

# STAFF HIGHLIGHTS



Dr. Brenda Martin

I am the happily married wife of Jeff Martin. I am the mother of Erica (tax analyst), Ross (HFD EO), and Trevor (entrepreneur). I am also the grandmother to Lilly Grace. Jeff and I are very family oriented and prioritize our time together.

My greatest Source in life is my relationship with Christ. I met Him personally at age eleven, and have always found great purpose devoting my life to listening to His voice and following Him whether it is being present for a neighbor or serving in the mission field. It is such an honor to know Him and make Him known.

After attending the community college and then the University of Houston, I returned to studies later in life at The Bible Seminary, and then again to pursue my doctorate through The King's University in Dallas. I have been a part of the UMC since 1999 serving for 21 years at Grace Fellowship Church in Katy. I am now joining the GMC in July as I am ordained as an elder and am appointed to serve at First Methodist Conroe as the Executive Pastor. I am truly humbled, honored, ask God's Spirit to grant supernatural favor and grace as I knit my heart to His people at FMC.

## COMMUNITY RESOURCES

1st Choice Hospice seeks to provide a compassionate alternative for giving care to those who face terminal illness and to empower families to make informed decisions on end of life care.

We are a faith-based organization that provides high quality care for our patients. We provide support, comfort and peace of mind to patients and their families who are walking the end of life journey with their loved ones.

### SERVICES COVERED ARE:

- Palliative & Comfort Care
- Physical, Psychosocial & Emotional Care for the Patient & Family
- Medical equipment, supplies and medications related to the hospice diagnosis are covered



### HOW IS HOSPICE PAID FOR?

- Private Insurance
- Private Pay
- Medicare / Medicaid
- Veterans' Affairs

936-295-7100

[www.1stchoicehospice.net](http://www.1stchoicehospice.net)

## ONLINE WORSHIP & LIFE GROUPS

9:30AM The Table  
11AM Traditional  
11AM Celebracion

You can access online worship at [www.fmconroe.online.church/](http://www.fmconroe.online.church/)



FMC has several Life Groups that offer both in-person and online participation. For more information on classes that are available, contact Ruth Ann Person, Life Groups Director at 936-756-3395 ext. 125 or [raperson@fmconroe.org](mailto:raperson@fmconroe.org).

## FMC MINISTRY HIGHLIGHTS

FMC currently has 16 Stephen Ministers who are members of this church and have caregiving gifts to support individuals



who are facing life challenges. Each Stephen Minister has completed extensive training to help prepare them to provide confidential distinctively Christian care in a one-to-one setting. The SM meets each week with their care receiver to listen, support, encourage and pray with and for their care receiver. If you are experiencing a difficulty or crisis (death of a loved one, health problems, loneliness, etc.), please consider contacting Kellie Taglioli to request a Stephen Minister.

(Call 936-756-3395 or email [kellie@fmconroe.org](mailto:kellie@fmconroe.org))

## COMFORT PILLOWS



Come join in the fun as we make comfort pillows for patients in the hospital. We meet the 3rd Monday of each month, in the Wesley Room, from 9AM - 12 PM.

For more information please contact Elaine Alderman at 936-689-5488 or Kay Morrison at 713-249-4691.

**Kellie Taglioli  
Caring Ministry Director**

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