

# Prayer Calendar

## January 2020

January is a time of new beginnings – begin again in the spiritual life. Look to scripture for guidance and nurture as we begin this New Year together as disciples of Christ, remembering instruction and guidance through scripture.

### Wednesday, January 1

*John 14:15 | (Jesus said) If you love me, you will keep my commandments.*

~ ~ Lord Jesus, You sum up your commandments: to love one another as you love us. Today, help me love those who are difficult to love and to love myself without judgment.

### Thursday, January 2

*Isaiah 26:4 | Trust in the LORD forever, for in the Lord God you have an everlasting rock.*

~ Loving Lord, it is hard for me to trust sometimes, I am not sure why it is hard for me to let go and give control to you. Your promises are true. Help me to trust today.

### Friday, January 3

*John 14:17b | You know him, because he lives with you and will be with you.*

~ Lord, sometimes I don't understand what you are saying. Clear my head so that I might understand with my mind and respond with my heart and know with my soul and act in your strength.

### Saturday, January 4

*John 14:18 | (Jesus said) I won't leave you as orphans. I will come to you.*

~ Lord Jesus, your words are a comfort – to know that you will come again, that we will not be alone. Help me remember that you are always with me. Let me see your face today in the people I meet.

## **Sunday, January 5**

*Philippians 4:13 | I can do all things through him who strengthens me.*

~ Gracious God, you promise I can do even the hard, the impossible things when I depend on you for my strength. Thank you. Help me today: \_\_\_\_\_.

## **Monday, January 6**

*Psalms 23:4 | Even though I walk through the darkest valley, I fear no evil; for you are with me.*

~ Holy God, I trust in you to walk with me everyday. Today I hold fast to your hand.

## **Tuesday, January 7**

*1 Peter 5:7 | Cast all your anxiety on him, because he cares for you.*

~ Lord, give me your calmness even in my anxious hours.

## **Wednesday, January 8**

*Psalms 55:22 | Cast your burden on the LORD, and he will sustain you: he will never permit the righteous to be moved.*

~ Lord Jesus, I do not have to carry my burdens alone. You give me friends and companions to share my heavy load. Always you are with me –carrying me in your arms.

## **Thursday, January 9**

*Matthew 7:12 | “In everything do to others, as you would have them do to you, for this is the law and the prophets.”*

~ Loving Jesus, you give us this rule of life to treat others, as we want to be treated. Help me remember when I am irritable or angry to treat other people with kindness and grace.

## **Friday, January 10**

*Matthew 7:24 | “Everyone then who hears these words of mine and acts on them will be like a wise man who built his house on rock.”*

~ Lord God, I can hear your word through scripture, but often I fail to act upon these words. Help me and show me how to live with wisdom and truth.

## **Saturday, January 11**

*Matthew 9:9 | ...and he said to him, “Follow me.”*

~ Dear Jesus, every day you call us to follow you. We have a choice, to follow you or our own path, every day. Help us today to stop what we are doing and to follow you.

## **Sunday, January 12**

*Galatians 5:22-23 | ...the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and selfcontrol. There is no law against such things.*

~ Gracious Spirit, fill me with your power so that your fruit may be evidenced in my life today as I follow you.

## **Monday, January 13**

*I John 4:8-9 | Who ever does not love does not know God, for God is love. God's love was revealed among us in this way: God sent his only Son into the world so that we might live through him.*

~ Loving God, help us show your love to everyone and to live a life as shown by Jesus the Christ.

## **Tuesday, January 14**

*I Peter 3:9: Do not repay evil for evil or abuse for abuse; but on the contrary, repay with a blessing. It is for this you were called – that you might inherit a blessing.*

~ God of All, you call us to be a blessing. Show me how to be a blessing to others today.

## **Wednesday, January 15**

*James 4:17: Anyone, then, who knows the right thing to do and fails to do it, commits sin.*

~ Loving God, we know what is right, but sometimes to do the right thing is hard. Help us and show us the way to live in harmony with you, even if it is hard.

## **Thursday, January 16**

*Psalms 51: 10: Create in me a clean heart, O God, and put a new and right spirit within me.*

~ Living God, I confess my sins and know that you will forgive my sins and put a right spirit within me. I confess: \_\_\_\_\_.

## **Friday, January 17**

*Isaiah 41:10: . . .do not fear, for I am with you; do not be afraid, for I am your God.*

~ Holy God, you give us a spirit of confidence, not fear. Remove our fears and replace them with the assurance and confidence that you are with us, loving us, providing for our needs. These are my fears today: \_\_\_\_.

## **Saturday, January 18**

*Romans 8:26 | In the same way, the Spirit comes to help our weakness.*

~ Holy Spirit, I want to believe that I am not weak, but strong and in control of everything all the time. Yet, this is not so. I know you are willing to help me, if I allow it. I name those areas in which I need your help: \_\_\_\_\_.

## **Monday, January 20**

Romans 8:26 | We don't know what we should pray.

~ Loving God, you call us to pray, but sometimes I have no words, no thoughts, no idea of what to say. I trust that you will teach me to pray.

## **Tuesday, January 21**

Romans 8:26 | . . . but the Spirit itself pleads our case with unexpressed groans.

~ Holy Spirit, I will be still and silent and allow you to pray for me. Thank you for knowing and loving me.

## **Wednesday, January 22**

*Jeremiah 1:19 | They will fight against you; but they shall not prevail against you, for I am with you, says the LORD, to deliver you.*

~ Gracious Lord, I am grateful that you are with me in all circumstances, and we are not alone.

## Thursday, January 23

*Romans 8:27 | . . . knows how the Spirit thinks, because it pleads for the saints, consistent with God's will.*

~ Spirit of God, you plead on my behalf. Truly you are the Advocate and you lead me in the way of God's will and desire.

## Friday, January 24

*Romans 8:28 | We know that God works all things together for good for the ones who love God, for those who are called according to his purpose.*

~ Loving God, sometimes I can't see the good working in difficult situations. Help me remember that you will ultimately bring good out of the pain in my life.

## Saturday, January 25

*Matthew 6:14-15 | For if you forgive others their trespasses, your heavenly Father will also forgive you . . .*

~ Merciful God, thank you for your forgiveness and grace. Give me the power to really forgive others as you have forgiven me. Today I forgive \_\_\_\_\_.

## Sunday, January 26

*I Corinthians 12:4-6 | There are different spiritual gifts but the same Spirit, and there are different ministries and the same Lord, and there are different activities but the same God who produces all of them in everyone.*

~ Almighty God, there are times that I do not believe in my own giftedness. I think that I am worthless. But, you do give everyone gifts, even those who think they are not worthy. Today, I recognize that you have given me spiritual gifts.

## Monday, January 27

*Proverbs 9:10 | The fear of the LORD is the beginning of wisdom, and the knowledge of the Holy One is insight.*

~ Holy One, grant us the wisdom that comes from knowing you and experiences your grace. I ask for wisdom in this circumstance: \_\_\_\_\_.

## Tuesday, January 28

*Ruth 1:16 | ...where you go I will go, where you lodge I will lodge; your people shall be my people, and your God my God.*

~ Loving God, you send us faithful friends that give us support, encouragement and guidance. Thank you for these dear ones in our lives. Today I pray for: \_\_\_\_\_.

## Wednesday, January 29

*Isaiah 40:30-31 | Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.*

~ Holy God, thank you that you continually strengthen me. I am grateful today for: \_\_\_\_\_.

## Thursday, January 30

*I Corinthians 13:1 | If I speak in tongues of human beings and of angels but I don't have love, I'm a clanging gong or a clashing cymbal.*

~ Holy God, the greatest spiritual gift that you give is love. Today I will speak love to each person I meet.

## Friday, January 31

*I Corinthians 13:13 | Now faith, hope and love remain – these three things – and the greatest of these is love.*

~ Gracious God, the love you give is everlasting. Thank you for loving me, for giving me the ability to love and be loved in return. Today I lift up these that I love:\_\_\_\_\_



This prayer calendar is designed to aid you in your daily life of prayer.

**Read the scripture** for the day over and over, out loud if possible. As you read, listen with an “ear of the heart” to a word or phrase that strikes you.

**Reflect on that word or phrase** asking yourself the question: “What is God saying to me through this word or phrase at this time?” Spend time in silence with this scripture mulling it over in your mind and heart.

**Allow God to speak to you in the silence.** Offer a prayer out of your reflection.

**Thank God** for whatever you received in the silence of your prayer and take that with you through your day.





