

Prayer Calendar

March 2019

Silence ~ Solitude ~ Stillness

Silence, solitude and stillness are three prayer practices that are difficult for most people in this world of hurry, busy and on-the-go. This month as we begin our Lenten journey I invite you into silence, solitude and stillness with Jesus as you read, listen and pray.

Friday, March 1

Ecclesiastes 3:1 | For everything there is a season, and a time for every matter under heaven.

~ God of All Time, as we grow closer to the season of Lent focus me on what is important: time with you, forgiveness, thanksgiving, and love. Bring me stillness so that I may see your goodness.

Saturday, March 2

Isaiah 43:1 | I am about to do a new thing; now it springs forth, do you not perceive it?

~ Holy God, I am so busy that often I cannot see your work in the world. Today, slow me down so that I might begin to see your goodness ~ are you at work in me?

Sunday, March 3

I Corinthians 11:23-26 | Read Paul's words about the grace handed down to us from the Lord Jesus on the night when he was betrayed....

~ Precious Jesus, today we come together to feast at your table, to remember your great acts of salvation, to receive forgiveness, to be in your presence through the bread and juice. Make these simple elements from the earth holy and healing to restore us in harmony with you.

Monday, March 4

Genesis 1:1-2 | In the beginning when God created the heavens and the earth, the earth was a formless void and darkness covered the face of the deep, while a wind from God swept over the face of the waters.

~ Creating God, you brought order out of chaos and created distinctions where all had been mixed together. Order unfolds out of chaos – bring order into my life – release me from that which is confusing, into clarity. In the stillness of this moment help me see_____.

Tuesday, March 5

Luke 12:22 | Do not worry about your life, what you will eat, or about your body, what you will wear..."

~ Loving God, worry seems to continually haunt me, yet you tell me not to worry about anything. Settle my heart so that I may trust you fully for all my needs.

Ash Wednesday, March 6

Psalms 130:4 | But there is forgiveness with you, so that you may be revered.

~ Lord, your very being is love which is forgiveness of every failure, every lacking on my part. I am grateful for your forgiveness and will remember that today forgiving and being forgiven meet.

Thursday, March 7

Psalm 130:1 | Out of the depths I cry to you, O LORD, Lord, hear my voice!

~ Father, I cry out to you from the depths of my soul. I cry out from the deepest parts of my suffering, my pain and my anger. Do you hear me as I cry out to you?

Friday, March 8

Psalm 130:2 | Let your ears be attentive to the voice of my supplications!

~ Lord, I trust that you will listen to me and hear my cry. I trust that you are present. Calm my spirit and still my body so that I can listen to your calming, gentle voice.

Saturday, March 9

Psalm 130:3 | If you, O LORD, should mark iniquities, Lord, who could stand?

~ Forgiving God, your forgiveness through our Lord Jesus Christ can make me whole and bring me to peace. Today I accept your forgiveness for: _____.

Sunday, March 10

Exodus 31:15 | Six days shall work be done, but the seventh day is a Sabbath of solemn rest, holy to the LORD.

~ Lord, one day apart to pray, worship and rest clears space in our lives. May I have solitude with you? Thank you for this day of rest ~ help me to rest my spirit as well as my body.

Monday, March 11

Psalm 130:5 | I wait for the LORD, my soul waits, and in his word I hope;

~ Dear God, It is hard to wait for you to move and act, yet you call me to hope as I wait. Bring me to silence and stillness in this time of holy waiting. Help me to wait with your hope.

Tuesday, March 12

Psalm 130:6 | My soul waits for the Lord more than those who watch for the morning, more than those who watch for the morning.

~ God of Grace, Sometimes the night of waiting seems so long. Open my heart and mind to be as trusting and accepting as a child. I want to let go of cynicism, fear, and control. Help me.

Wednesday, March 13

Psalm 130:7-8 | O my name, hope in the LORD! For with the LORD there is steadfast love, and with him is great power to redeem. It is he who will redeem my name from all my iniquities.

~ Loving God, My hope is in you alone. Not my job or my family, not my savings account, not my personal power, not my race or gender. My hope is in you and your love and redemption of me from my sin and willfulness. Thank you, loving God.

Thursday, March 14

Psalm 36:5 | Your steadfast love, O LORD, extends to the heavens, your faithfulness to the clouds.

~ Loving God, As your love goes beyond my understanding or comprehension, help me this week to pay attention to those who do not know love. Help me love those whom I have found difficult to love and to love them as you love them. This is hard – help me.

Friday, March 15

Psalm 71:12 | O God, do not be far from me; O my God, make haste to help me!

~ Gracious God, I am in constant need of help; why is that? I am so vulnerable and weak, even when I think I am strong. Thank you for your constant presence. In the silence of this moment, show me how you strengthen me, support me and hold me up so that I may be encouraged.

Saturday, March 16

Psalm 70:4 | Let all who seek you rejoice and be glad in you. Let those who love your salvation say ever more, "God is great!"

~ Lord, honestly sometimes I forget to rejoice. The cares of this world pull me down and I forget the joys, the grace and the love that are provided for me. Today, I rejoice and I am glad as your beloved child! I count my blessings: _____.

Sunday, March 17

Psalm 46:10 | Be still, and know that I am God!

~ Holy One, you know that I am like a small child wiggling in your lap. I fight against stillness with myself, with you, because I am afraid. Take away my fear and sooth my soul.

Monday, March 18

Psalm 23 | Come to stillness and quietude and read this whole psalm slowly out loud. Allow the words rest upon you as you place yourself in this psalm.

~ Good Shepherd, help me carve these words upon my heart so that I may meditate on their beauty and always know you are with me.

Tuesday, March 19

Isaiah 55:8 | For my thoughts are not your thoughts, nor are your ways my ways, says the LORD.

~ Holy One, Provide for me moments of solitude, silence and stillness so that I might remember your love and be grateful.

Wednesday, March 20

Psalms 118:1 | O give thanks to the LORD, for he is good; his steadfast love endures forever!

~ Lord of All, today I give thanks for

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Thursday, March 21

Psalms 25:5 | Lead me in your truth, and teach me, for you are the God of my salvation; for you I wait all day long.

~ Loving Savior, I praise you for your loving kindness and mercy and because you are my Lord and Savior. I wait and know that you lead and teach me how to do justice and love kindness. Thank you, Holy One for loving us so much.

Friday, March 22

Matthew 6:10 | Your kingdom come, your will be done, on earth as it is in heaven.

~ Holy God, your kingdom is a gift given; it is not imposed and I think that is why it is so hard sometimes to see it and participate in it. Your kingdom comes to us as a gift. Thank you.

Saturday, March 23

Mark 6:3 | ...he saw a great crowd; and he had compassion for them . . .

~ Lord, you had compassion for all people; over and over I see it. This compassion for the ones on the margins, the children, the ones who are lost? Awaken compassion in me.

Sunday, March 24

Psalm 16:9 | Therefore my heart is glad, and my soul rejoices; my body also rests secure.

~ Jesus, I sit with you and rest in security and assurance that I am your child, a sheep within your fold, living in your realm. Help me remember your gift of salvation and rejoice.

Monday, March 25

Psalm 16:11 | You show me the path of life. In your presence there is fullness of joy; in your right hand are pleasures forevermore.

~ God of Grace, there are many paths, but you lead me to the path that leads to the joy to be found in your presence. Today I sit in silence in your presence – in stillness, waiting to hear your voice.

Tuesday, March 26

Psalm 96:1 | Sing to the LORD a new song; sing to the LORD, all the earth.

~ Lord God, my response to your grace and mercy is a song – a song with words and tune, a song of service, a song of prayer. Hear my song of faith and joy.

Wednesday, March 27

Hebrews 12:28 | Therefore, since we are receiving a kingdom that cannot be shaken, let us give thanks . . .

~ Holy Spirit, thank you, thank you for the guidance and desire to do God's work. Continue to stir up in us a desire to serve you and listen and move towards your justice.

Thursday, March 28

1 Corinthians 16: 13-14 | Keep alert, stand firm in your faith, be courageous, be strong. Let all that you do be done in love.

~ Gracious God, it is easy to say, 'I know God well enough,' but you call us to be more than just followers of the Christ in name only. Help me respond faithfully and in love everyday to your claim on my life.

Friday, March 29

Romans 15: 13 | May the God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit.

~ Loving Jesus, fill me today with your joy and peace so that my hope in you may be evidenced in all I say and do. Help me to know that it is not by my own efforts that I live out my joy and embrace peace, but by your Holy Spirit. Help me see your presence today.

Saturday, March 30

Isaiah 52:7 | How beautiful upon the mountains are the feet of the messenger who announces peace (shalom), rings good news, who announces salvation, who says to Zion, "Your God reigns."

~ Lord Jesus, I sit with these ancient words from your prophet and wonder at your plans. Help me today to be a part of the good news of our faith – help me bring peace and wholeness to those I encounter today.

Sunday, March 31

Psalm 62: 1 | For God alone my soul waits in silence...

~ Holy God, your language is silence. Show me how to be still before you, to be silent and to wait upon your still, quite voice upon my heart.

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This prayer calendar is designed to aid you in your daily life of prayer.

Read the scripture for the day over and over, out loud if possible. As you read, listen with an “ear of the heart” to a word or phrase that strikes you.

Reflect on that word or phrase asking yourself the question: “What is God saying to me through this word or phrase at this time?” Spend time in silence with this scripture mulling it over in your mind and heart.

Allow God to speak to you in the silence. Offer a prayer out of your reflection.

Thank God for whatever you received in the silence of your prayer and take that with you through your day.

