

# Free Community Meals in Milford

## All are welcome

Every **Sunday** from 4:30 – 6:00 pm

Unitarian Universalist Church Pine St. Milford

Each meal includes salad, fruit, bread, soup, featured dish, and dessert. Guests of all ages are served in a safe and friendly environment.

For more information, contact the church office at (508) 473-3589, or [fuumilford@verizon.net](mailto:fuumilford@verizon.net).

Every **Thursday** from 11:30 am – 12:30 pm

St. Mary of the Assumption Parish Center, 17 Winter St, Milford

Sponsored by the St. Vincent DePaul Committee of St. Mary's.

Each meal includes soup and sandwich. Join us for "Food with Friends" – For more information call 508-473-2000

Every **Friday** noon time

The Blessing Barn 146 South Main St, Milford

Sponsored by Bethany Community Church.

Come and enjoy new friendships, great conversations, hot nutritious soup, bread and dessert. Call (508) 478-0010 for details

Last **Wednesday, Thursday & Friday** each month 4:30 – 6 pm

Trinity Episcopal Church 17 Congress Street Milford

Thursday Meal sponsored by the First Methodist Church.

Nutritious Meal served, consisting of an entrée, soup, salad, bread, dessert, and beverages.

For more information (508) 473-8464 or email [office@trinitychurchmilford.org](mailto:office@trinitychurchmilford.org)

<http://www.trinitychurchmilford.org>

Last **Saturday** of each month 6 – 7 pm

Unitarian Universalist Church Pine St. Milford

Sponsored by Sacred Heart of Milford.

Eat or take with you "Brown Bag Dinner" includes: soup or salad, hard boiled eggs, sandwich, vegetable, fruit, snack, dessert and drink.

For more information contact Lisa and Brain Blackwell at [lnblackwell@gmail.com](mailto:lnblackwell@gmail.com) .

Second **Tuesday** of each month 6 – 7 pm

St. Mary of the Assumption Parish Center, 17 Winter St, Milford

Sponsored by the St. Vincent DePaul Committee of St. Mary's.

Join us for dinner at "Food with Friends"

For more information call 508-473-2000