



## Cultural Broker CSP Services

The Cultural Broker Community Support Program (CSP) is a short term voluntary service which provides intensive case management services to refugees from all countries who are considered to be “at risk” within the community, i.e. someone who has a disorder that either required hospitalization or resulted in serious impairment with a risk of hospitalization. CSP services are used to prevent hospitalization. The person receiving the service must have a mental health issue (PTSD, Major Depression, Anxiety, Bipolar Disorder, ADHD, Schizophrenia, Eating and Sleeping Disorders, etc.) that presents an obstacle to achieving their goals independently.

This program offers a single point of contact for coordination and follows up on a person’s individualized needs. The CSP counselors are linguistically and culturally equipped to support individuals in their community with this mobile and flexible service.

### Specific Services Offered

- ~ **Service Coordination-** locating providers for mental health, medical and dental needs
- ~ **Symptom Management-** compliance with medical or mental health treatment
- ~ **Daily Living Skills-** home cleanliness, managing appointments, budgeting and money
- ~ **Resource Management-** locating English classes, refugee resources, legal aid, domestic violence survivor resources, enrolling in education programs, locating employment support and appropriate after-school programs for children or day programs for adults

### Referrals

CSP referrals can be made for individuals over age 18. Referrals for persons under age 18 can be reviewed with insurance for approval.

Contact our Intake Coordinator with insurance information, identified mental health issue, and at least 3 concrete goals for the service (see above).

### Cost

Services are payable under the benefits plan through the following Managed Care Organizations for Mass Health: MBHP, BMC, NHP, Fallon, Beacon Health Strategies.

### Contact

#### FAMILY CONTINUITY

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