

# Shrove Tuesday Pancake Supper!

Please join us for a yummy Pancake supper on Tuesday, February 13 from 5:30-7:00 in the Thomas Center. Ms. Kristin, Ms. Rosie, Ms. Dolly and Father Russell will be joining Marah and the All Saints Youth Group to flip pancakes, fry bacon and serve it up for just \$10/family or \$5/person.

**Why do we eat pancakes on the last day before Lent?** During Lent food items like meats, fats, eggs, milk, and fish were regarded as restricted. To keep such food from being wasted, many families would have big feasts on Shrove Tuesday in order to consume those items that would inevitably become spoiled during the next forty days. The English tradition of eating pancakes on Shrove Tuesday came about as a way to use as much milk, fats, and eggs as possible before Ash Wednesday began. Yummy!

Shrove  
Tuesday



**February 13th in the Thomas Center**

**5:30-7:00**

**\$10/family or \$5/person**

**Games and Fun**