



# SPRING DAY CLUB

## AT THE TERRACES AT PEACHTREE HILLS PLACE

**The Terraces** is offering our new daytime program exclusively to Members of Peachtree Hills Place. This program is designed for Members who are experiencing cognitive impairment. The program promotes maintained cognitive function through engagement and socialization and it provides members loved one's with valuable personal time.

The **Spring Day Club** meets Monday through Friday at 10:00am in the PHP Library and pickup is at 4:00pm in the Terraces Bistro. Transportation will be available to and from The Terraces each day. Lunch and snacks will be provided.

Examples of programming offered include art, music therapy, fitness sessions with a trainer, weekly outings, croquet, brain games, and group discussions.

To learn more about our day program and to find out if it's a good fit for your loved one, please schedule an appointment at the Wellness Center.



**THE TERRACES®**  
AT PEACHTREE HILLS PLACE

Christabelle Auguste  
CLINICAL NAVIGATOR

678.272.4351  
CAuguste@peachtreehillspc.com  
[www.PeachtreeHillsPlace.com/TheTerraces](http://www.PeachtreeHillsPlace.com/TheTerraces)

