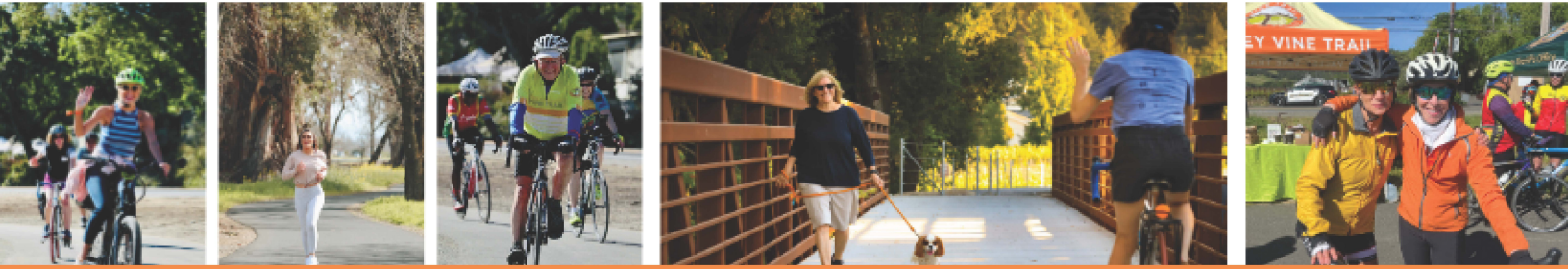




LOCO-MOTION

May 1-31: A Month of Movement

NAPA VALLEY'S LARGEST FITNESS AND FUNDRAISING CHALLENGE BENEFITTING THE NAPA VALLEY VINE TRAIL



TEAM BUILDING | GET FIT | GET FOCUSED | HEAD OUTDOORS | HAVE FUN!

The VINE TRAIL connects our community to work, school, play. There are just 14 more miles to build in order to connect the full 47 miles from Vallejo to Calistoga. Each May, we band together for our largest annual fundraising effort with a high-energy, endorphin-pumping month of movement where everyone is a winner! Join us and you'll receive a one-year VINE TRAIL passport and a chance to win exciting prizes!

REGISTER TODAY IN 5 STEPS

[CHARITY.PLEDGEIT.ORG/VINETRAIL](https://charity.pledgeit.org/vinetrail)

1
SIGN UP

JOIN INDIVIDUALLY
JOIN A TEAM
CREATE A TEAM

2
PICK YOUR ACTIVITY

WALK RUN RIDE

MULTI SPORT
For a TEAM choose MULTISPORT individual team members can choose their activity when joining your team

3
SET YOUR GOAL MILES & DOLLARS

SET FUNDRAISING GOAL SET MILEAGE GOAL

SET TEAM GOALS

4
GET TO IT!

BREAK A SWEAT

RECORD YOUR MILES

5
SHARE YOUR ADVENTURE

TAG IT ON SOCIAL MEDIA
#LOCOMOTION2022
#MyVineTrail
#MonthofMovement



JOIN THESE LOCAL BUSINESSES IN SUPPORT OF THE ANNUAL LOCO-MOTION CAMPAIGN



For more information, contact Ginni Hill, ginni@vinetrail.org