



5 REASONS TO BE A NEIGHBORHOOD VOLUNTEER for Napa Food the Project

You already know how easy it is to donate. Interested in taking it up a notch? Have you considered how easy it is to build your own route and pick up bags from your neighbors yourself? Consider the following:

1.

It's the easiest volunteer work you'll ever have.

Once every other month, in 3 hours or less, you can help hundreds of families in your neighborhood feed their children. Sick or on vacation? We've got backups waiting to help.



2.

Share community service with family & friends.

Bring along your kids or neighbors, and enjoy the spirit of giving. Build camaraderie while supplying our local pantries with an ongoing supply of groceries.

3.

Meet neighbors you never knew you had.

Send out emails or knock on doors to start a "donor drive" in your neighborhood. Gather as few as 5 neighbors and you've just created your donor group!



5.

Feed yourself.

Get that warm glow you feel when you're doing something good for someone else. And not only do you feel great about collecting food, your donors feel just as great about giving.

4.

Make a difference in your own community.

Never underestimate what "small" efforts can do. The **Food Projects** in Jackson County gather over **55,000 pounds** of food every other month using this system. Every bag of food you collect counts!

GET STARTED!

Contact us at napafoodproject@gmail.com. Or visit the **Napa Food Project** online at www.napafoodproject.org and register to become a Neighborhood Coordinator.