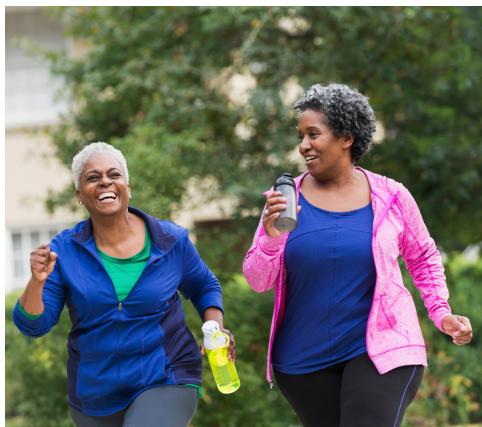




# WHY HEALTHY BONES MATTER™

## TAKING CHARGE OF YOUR BONE HEALTH



### UPCOMING EVENTS SELECT ONE

#### SATURDAY, OCTOBER 17

11:30 AM - 12:30 PM ET

(10:30 AM CT / 9:30 AM MT / 8:30 AM PT)

#### THURSDAY, OCTOBER 29

7:30 PM - 8:30 PM ET

(6:30 PM CT / 5:30 PM MT / 4:30 PM PT)

#### TUESDAY, NOVEMBER 17

7:30 PM - 8:30 PM ET

(6:30 PM CT / 5:30 PM MT / 4:30 PM PT)

#### MONDAY, DECEMBER 7

7:30 PM - 8:30 PM ET

(6:30 PM CT / 5:30 PM MT / 4:30 PM PT)

Presented by:

**Ama Lee**, RYT 200

American Bone Health Peer Educator

**Nicole Wright**, PhD, MPH

Associate Professor, University of Alabama at Birmingham

**Ventrice Shillingford-Cole**, MPH

University of Alabama at Birmingham

### ABOUT THE FREE WEBINAR

- Black people living in America are less likely to be screened for bone health, to receive treatment, and more likely to have chronic diseases that are bad for bone.
- Why Healthy Bones Matter™ brings an insight and understanding into how medical conditions, medicines, family history and lifestyle can affect bone loss. This program provides the crucial education necessary so you can take charge of your bone health!



**VISIT OUR WEBSITE TO REGISTER:**

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