A person standing in a room

Description automatically generatedA hand holding a piece of paper

Description automatically generatedA group of people posing for the camera

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Study Description

We are a NIH funded study at Colorado State University in Fort Collins, Colorado. This project is directed by Drs. Christine Fruhauf and Arlene Schmid. The study will include filling out a survey, participating in an 8-week program, and then filling out a survey at the end of the program. You can receive up to $100 in gift cards following participation in the intervention.

Contact us to learn more!

Phone number: 970-491-8204

Email: movementANDeducation@colostate.edu

* Must be 18 years of age or older
* Must have a willing partner (i.e., care receiver or caregiver)
* Must have chronic or persistent pain

**Caregivers and Care Receivers Needed**

for Online Intervention Research Study

Are you a caregiver helping someone in chronic or persistent pain?

Do you also experience pain? We may be able to help.

We are looking for two connected people (spouses, partners, parent/adult child, and friends/neighbors) who have chronic pain and help each other to take part in an online education and gentle movement study.

Compensation will be provided for participation.

