

# Does your partner have early stage dementia?



## Stress Reduction Study for Partners of Early Stage Dementia

If you are **married or in a committed relationship**, are at least 60 years old, and you live with **a partner who has early stage dementia**, you may be eligible to participate in a study geared towards lowering daily stress and supporting you in your relationship. Participation involves three short home visits. During the visits, we will teach you a stress reduction technique and ask you and your partner to complete a brief survey. **Compensation up to \$200 per couple.**

**To learn more or to see if you are eligible to participate, please contact Joan Monin  
(203) 785-2895 or email her at [joan.monin@yale.edu](mailto:joan.monin@yale.edu).**

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