NAMI Howard County MD
National Alliance on Mental Illness

The Wellness Web: Exploring HCPSS Mental Health Supports

Via Zoom

Tuesday, Sept. 15 from 7-8:30 p.m.



Alyson Mitchel
Speaker

Alyson Mitchel is the Director of Student Well-Being for the Howard County Public School System, where she provides leadership to eight student services offices spanning mental health, physical health, student supports, and access to education.

A former school psychologist, Alyson brings expertise in multi-tiered systems of support, school climate, crisis response, data-based decision-making, and systems improvement. Her work is centered on building responsive systems that foster student well-being, belonging, and success.

Topics covered:

- **Understand the HCPSS continuum of school-based mental health supports.**
- **Learn how students and families access different levels of support.**
- **Outcome data and priorities for 2026-2027.**