

HoCo Kids: FREE Life Skills Classes

HC DrugFree is providing another series of FUN and interactive skills-based classes designed to promote positive health and personal development for students in grades 6 to 9 (or slightly younger or older). The curriculum is designed to strengthen student abilities in the following areas:

- Self-Image & Self-Improvement
- Social Skills
- Resolving Conflicts
- Coping with Uncomfortable Feelings
- Personal Self-Management Skills
- Evaluating Advertising & Entertainment
- Drug Resistance Skills
- And MUCH MORE!!!

Meeting via Zoom on Wednesdays 5:15 p.m. - 6:45 p.m.
February 25; March 4, 11, 18, 25; April 8, 22, 29

Learn more: HCDrugFree.org/currentevents

HCDrugFree
Empowering the Community

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