



STRONG MOMS, STRONG BABIES: GET VACCINATED



Get the RSV & Tdap Shot!

What is RSV?

RSV stands for **Respiratory Syncytial Virus**. It is a virus that can make babies very sick and make it hard for them to breathe. It is most common in winter and spring.

What is Pertussis?

Pertussis is also known as **Whooping Cough**. This bacteria can give babies a very bad cough, infect their lungs, and make it hard to breathe.

Why get the RSV Vaccine?

- RSV is the number one reason babies are admitted to the hospital.
- When a pregnant person is vaccinated, they build infection fighting cells that pass along protection on to their baby.
- This protection can help keep the baby out of the hospital.

Why get the Tdap Vaccine?

- Each year, 1,000 babies under two months old are diagnosed with whooping cough.
- When a pregnant person is vaccinated with Tdap, they build infection fighting cells that pass along protection on to their baby.
- This protection can help keep the baby healthy.

When should I get it?

- Get vaccinated between 32 and 36 weeks of pregnancy if it is between the months of September and January.

When should I get it?

- Get vaccinated between 27 and 36 weeks of pregnancy.
- Pregnant people should get a new Tdap vaccine during each pregnancy.

Where do I get it?

- Talk to your healthcare provider or your insurance provider to ask about coverage for Tdap and RSV during pregnancy.
- If you do not have health insurance or you are having trouble getting these vaccines, **contact the Howard County Health Department P.E.A.C.E. Project.**



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