

CELEBRATE YOUR JOURNEY!



A FREE MATERNAL WELLNESS EVENT

BUMP TO BABY: A JOURNEY THROUGH PREGNANCY & BIRTH



SUNDAY, NOVEMBER 23rd
11:00 AM

JOHNS HOPKINS HOWARD
COUNTY MEDICAL CENTER
CLINICAL EDUCATION ROOM
5755 CEDAR LANE
COLUMBIA, MD 21044

RSVP HERE!



For more information, email Rhochichi2016@gmail.com

Be Pampered

Discover new ways to
boost your prenatal
wellness

Gain confidence and feel
prepared for childbirth

Build your vital
postpartum support
system

Identify key health
warning signs for you
and your baby

Free Diaper Bags filled
with Gifts



Presented By:
Rho Chi Chi Chapter, Inc
Chi Eta Phi Sorority, Inc.



AFRICAN AMERICAN
COMMUNITY ROUNDTABLE
OF HOWARD COUNTY