Africans for Mental Health

Behavioral Health Education Program in partnership with Sheppard Pratt

Suicide Prevention QPR Gatekeeper Training 2026

What You Will Learn:

- *Recognize the warning signs of suicide, offer hope, refer, help save a life*
- *Respond with confidence and compassion*
- *Connect individuals to appropriate resources*

Training Requirements:

- *Attend **FREE** two-hour live online training session*
- *Receive a 1-Year QPR Gatekeeper Certificate*
- *35 seats available in each cohort*

***Adults 18+** including:*

- *Family Caregivers*
- *Community Members*
- *Educators*
- *School Staff*
- *Students*
- *Faith Leaders*
- *Emergency Responders*
- *Healthcare Providers*

Training Schedule:

Online

Cohort #4:
Tuesday, June 30, 2026 | 1:00 p.m. – 2:30 p.m. EST

Cohort #5:
Tuesday, July 21, 2026 | 10:00 a.m. – 11:30 a.m. EST

Cohort #6:
Thursday, August 13, 2026 | 1:00 p.m. – 2:30 p.m. EST

Cohort #7:
Tuesday, September 15, 2026 | 10:00 a.m. – 11:30 a.m. EST

Maximum 35 People per Cohort

Registration & Contact Information:

- *Visit our website: africansformentalhealth.org/trainings or Scan QR Code to register today*
- *Email Us: advocacy@africansformentalhealth.org*

Be A Suicide Prevention Ally Share & Tag **#iamafricansformentalhealth** **#suicideprevention**

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