TEXAS SOCIETY FOR ADVANCEMENT OF HEALTH PROFESSIONS

""Resiliency in Health Professions: Thriving, Not Just Surviving"

The University of Texas MD Anderson School of Health Professions
Houston, Texas

Thursday, September 17, 2026

11:30-12:50 pm	**Deans' Meeting and Luncheon (By Invitation Only),** Room 1MC3, Rms 5-6
11:30-12:50 pm	**Student Leadership Cohort 2025 Luncheon**, Room 1MC3.2310
12:00-4:00 pm	**Registration** (Outside Room 1MC3, Rooms 1, 2, 7,8)

Location	**Room 1MC3, Rms 1, 2, 7,8**
1:00 – 1:15 pm	**Welcome**
1:15 – 2:00 pm	**Keynote Address** *Lindsey Wohlford, MS, RD, LD, Chief Wellness Office, UT MD Andeson Cancer Center, Houston*
2:10 – 2:45 pm	**TSAHP Research Award** **"Effectiveness of a Novel Amputated Limb Simulator for Teaching Clinical Skills in Prosthetics"** *Christopher Hovorka, Ashely Mullen, Amandi Rhett, and Jeremy Sherman; Baylor College of Medicine*
2:55 – 3:30 pm	**TSAHP Research Award** **"Disseminating Speech-Language Pathologists' Knowledge through Nudges for Promoting Read-Aloud Strategies in Early Learning Environments"** *Brittany Hall; Hesper Holland and Yi Hoyoung; Texas Tech University Health Sciences Center*
3:30 – 3:45 pm	**Afternoon Break**
3:45 – 4:20 pm	**TSAHP Research Award** **"Ultrasound Validation of Dry Needling Guidelines Targeting Rectus Capitis Posterior Major"** *Gary Kearns; Texas Tech University Health Sciences Center*

Location	**Room 1MC3, Rooms 1, 2, 7, 8**	**Room 1MC3, Rms 3-4**
4:30–4:55 pm	**"Cultivating Resilience Through Meaning and Connection: The Power of Nursing Program"** *Suzanne Scheller; Texas Woman's University*	**"Teaching Resilience Without Teaching Endurance: Preparing Allied Health Professionals to Thrive in Imperfect Systems"** *Temiloluwa Esho-Voltaire; UT MD Anderson*
5:05-5:30 pm	**"Learning to Thrive in Complexity: Reflections from a Mentored Clinical Laboratory Experience"** *Vibhuti Srivastava; UT MD Anderson*	**"Burnout in Sonography: A Dual Perspective from Clinical Practice and Education"** Anca Fumuresca; UT MD Anderson

Location	**Room 1MC3, Rooms 1, 2, 7, 8**
5:40-6:00 pm	**TSAHP Annual Meeting**
Location	**Room 1MC3, Rooms 1, 2, 7, 8**
6:00 pm	**TSAHP Annual Awards Dinner**

Friday, September 18, 2026

8:00 am	**Light Breakfast (Room 1MC3, Rms 1, 2, 7,8)**
8:00-11:00 am	**Registration (Outside Room 1MC3, Rooms 1, 2, 7,8)**

Location	Room 1MC3, Rooms 1, 2, 7, 8	Room 1MC3, Rms 3-4
8:00-8:35 am	**"What's Working? A Collaborative Exploration of Student Success Strategies in Health Professions Education"** *Kathryn Panasci & Misty Miller; Texas Tech University Health Sciences Center*	**"Mindfulness, Gratitude and Growth: Practical Resiliency Strategies for Health Professionals"** *Estrellita Coronado and Kira Beal; San Jacinto College*
8:45-9:20 am	**"Becoming a Trauma-Informed Educator"** *Kevin Clark; UT MD Anderson*	**"Who am I on This Team? Building Professional Identity and Interprofessional Confidence to Reduce Early-Career Burnout"** *Sarah Fitch-Hawkins; UT Health San Antonio*
9:30-10:05 am	**"Resilience Through Innovation: AI and Automation in MRI Practice"** *Saleha Zafar; UT MD Anderson*	**"Student and Faculty Definitions of Effective Teaching in Undergraduate Nursing: A Qualitative Descriptive Study"** *Marla Erbin-Roesemann and Regina Jillapalli; Texas State University*
10:05-10:20 am	**Morning Break**	
10:20-10:45 am	**"Beyond Burnout in Occupational Therapy: A Rapid Review of Modifiable Protective Factors for Workforce Well-Being Since 2021"** *Wen-Pin Chang ; UT Rio Grande Valley*	**"Building Resilient Endoscopy Technicians Through Simulation-based Education and Clinical Readiness Training"** *Amecia Swoope; Houston City College*
10:55-11:20 am	**"Building Resilient Dental Hygiene Educators: Transforming Clinical Teaching to Promote Student and Faculty Thriving"** *Vanessa Yvette Cisneros; El Paso Community College*	**"A Model for Bridging Cultural Humility, Professionalism, and Reflection in OT Fieldwork Education"** *Linda Barnett; Texas Woman's University*
11:30-11:55 am	**"Building a Culture of Thriving: Embedding Wellness Supports in a New Doctor of Physical Therapy Program at Sam Houston University** *Kimberly Phelps, Vaibhavi Rathod and Sambit Mohapatra; Sam Houston State University*	

Location	(Outside Room 1MC3, Rooms 1, 2, 7,8)
12:00 noon	**Pick up Box Lunches**

Location	Room 1MC3, Rms 1, 2, 7,8
12:00-12:15 pm	**TSAHP Closing Session and Adjournment**

POSTER PRESENTATIONS

Faculty and student poster presentations may be viewed at the following link during the conference: TSAHP 48th Annual Conference

Faculty

Building Resiliency Through a Peer Mentorship Program; *D. Flores and M. House, Texas Tech University Health Science Center*

Cognitive Rehabilitation Services Following Diffuse and Focal Traumatic Brain Injury: A TriNetX Analysis; *K. Mani; University of Texas Medical Branch*

Contralateral Blood Flow Resistance Improves Scapular Muscle Activation during Forehand Racquet Swings; *L. Garcia, Texas Woman's University*

Differentiating Familial Trafficking from Human Trafficking: A Systematic Review of Terminology to Inform Continuity of Care*; M. Shuler, D. Lee, M. Mahr, S. Jennings, S. Roundtree, J. St. John, S. Rosenblad, E. Spears, C. Costa and A. Cain, Texas Tech University Health Sciences Center*

Effective Peer Observation of Teaching in Health Profession Education: Going from Summative to Formative Evaluation*; S. Nair, S. Chew, L. Lopez & L. Salinas, University of Texas Rio Grande Valley*

The Effects of an Open Artificial Intelligence Chatbot into a Psychomotor Skills Doctor of Physical Therapy Course*; L. Garcia, Texas Woman's University*

Enhancing Empathy and Mental Health through Social Emotional Service Learning*; J. Martinez and C. Ledingham; University of Texas Rio Grande Valley*

Feasibility of Moderate-Intensity Exercise in Long COVID Rehabilitation: A Pilot Case-Observation Study*; K. Nicks, S. Weise, P. Harris, J. Oberg and H. Schulz, Angelo State University*

Food Insecurity and Health Professions Students: Current Status and Implications of Upcoming Changes to Financial Aid*; S. Okere, A. Girouard, J. Grujic, A. Hebert and C. Whitehead, Texas State University*

Improving Nursing Professionalism with Simulation*; V. Lavacca, V. Wyatt and F. Villanueva, Texas Woman's University*

Intersecting Risks: Comorbid Substance Use with Major Depression on Suicidal Ideation, Planning and Attempts Among U.S. College Students*; B. Chireh and S. Chirravoori, University of Texas Rio Grande Valley*

It's A Balance Act: Establishing Wellness as Health Professional*; K. Beal and E. Coronado, San Jacinto College*

Ode to Joy – An Evidence-based Discussion of How to Infuse Joy into the Workplace and Why It Matters*; M. Wiggins, Texas Tech University Health Sciences Center*

OT Profession: Delineating Licensure vs. Credentialling for What It Is Worth*; K. Beal, San Jacinto College*

The Perception and Use of Artificial Intelligence in Occupational and Physical Therapy Practice in Texas*; J. Burth, B. Allen, C. Tiongco, K. Nicks and K. Moore, Angelo State University and Texas Tech University Health Sciences Center*

Perceptions of AI Use for Clinical Interviewing in Physical Therapy Education*; J. Burtch and C. Herringer, Angelo State University and Colorado Mesa University*

Rethinking Readiness: Why Self-regulated Learning is the Key to Resilient Healthcare Students*; R. Shepherd, Houston City College*

The Role of Anatomage Table® in Anatomy Education for Health Science Students: A Rapid Review; *K. Mani, University of Texas Medical Branch*

Sense of Belonging Increases during Health Professions Students' Education*; S. Okere, I. Cezo, A. Delgado, A. Hernandez-Ruiz, and D. Zarate, Texas State University*

Successful Mentoring Strategies for the Thriving Professionals: Millennials and Generation Z, Let's Go!*; R. Crutchfield and L. Puente, University of Texas Rio Grande Valley*

Student

A Mixed-Methods Analysis of Mental Health, Physical Activity, and Bioelectrical Impedance Body Composition Indicators Amongst College Aged Students in the Rio Grande Valley; *M. Cisneros, C. Rodriguez, D. Briseno, D. Torres Diaz, S. Zarate, J. Martinez, I. Barrera, Y. Bennet, and U. Karabulut, UT Rio Grande Valley*

A Mixed-Methods Exploration of Stigma and Treatment-Seeking Barriers Relating to Substance Use Disorder Among Hispanics in the Rio Grande Valley, *J. Cottrell, UT Rio Grande Valley*

Association between Melatonin Use and Cardiovascular Disease conditions Across Menopausal Stages; N. *Castaneda, S, Choe & A. Townes, Texas Woman's University*

Bridging the Gaps: A Scoping Review of Clinical, Ethical, and Family-Systems Challenges in Rural Long-Term Care and Implications for Medical Education; *N. Rao, Sam Houston State University*

Comparative Analysis of Pediatric and Mental Health Level I Fieldwork: Case Studies; *M. Bahena, San Jacinto College*

Combination of miRNA-379-5p and miRNA-125a-3p for the Treatment of Platinum-Resistant Ovarian Cancer; *S. Trevino, T. Zepeda & S. Chew, UT Rio Grande Valley*

Congenital Syphilis Indicators in Texas: County-level Characteristics; *P. Lark, Texas Woman's University*

Cost Barriers to Adoption: A Call for Change; *C. Mitchell, Midwestern State University*

Effects of IL-6 and Melatonin on Adipogenesis, Mitochondria and Gene Expression in 3T3-L1 Cells; *A. Lazo, UT Rio Grande Valley*

The Fabrication of Electrosprayed Minocycline-loaded PLGA Nanoparticles for the Treatment of Glioblastoma; *S. Flores, J. DeLeon, F. Rivera, M. Chhetri, K. Mrtirosyan & S. Chew, UT Rio Grande Valley*

From Institutional Initiative to Community-wide Impact: Benchmarking Stroke Education through a Monthly Neurocritical Care Lecture Series; *T. Ho, S. Stone, T. Norman, M. Dunaway, M. Viswanathan, E. Mathews, M. Johnson, B. Welch, D. Olson & V. Aiyagari, UT Southwestern*

Helping While Healing; *J. Valdez, San Jacinto College*

Investigating the Influence of Polymicrobial Environments on Antimicrobial Susceptibility Outcomes; *N. Walker, M. Panday, T. Barr, T. Varis, C. Swackhammer & A Smith; Texas Tech University Health Sciences Center*

Knowledge and Confidence in Educating Patients on the Benefits of a Plant-based Diet in Cardiovascular Disease; *C. Strachota, R. Basinger, E. Eddy & L. Chastain, Texas Tech University Health Sciences Center*

Minocycline-loaded Microparticles and Injectable Alginate Scaffolds Composites for the Treatment of Glioblastoma; *S. Davila, D. Madrid, F. Rivera, S. Trevino, J. DeLeon, S. Flores & S. Chew, UT Rio Grande Valley*

Project SAM (Students Against Misuse): A Peer-Led Substance Use Prevention Initiative for Rural Texas Adolescents; *N. Rao, I. Fernandez-Pastrana, C. Cardinal, S. Shakib, S. Uriostegul; Sam Houston State University*

Removing the Stigma of PREP and PEP; *H. Delgado, San Jacinto College*

Rural Access and Social Determinants in Occupational Therapy Service Delivery: Thriving Beyond Barriers; *A. Fisher, Y. Jin & T. Reistetter, UT Health San Antonio*

Willed-Body Safety Initiative: Monitoring Bacterial Presence in Sepsis Cases; A. Kirby, A. Castelhano, E. Goodman, R. Herman, A. Jones, E. LeBlanc, B. Phillips, N. Walker, R. Johnson, K. Gilbert, and J. Brashear, Texas Tech University Health Sciences Center

GENERAL INFORMATION

CONFERENCE LOCATION:

The UT MD Anderson School of Health Professions is located within the Texas Medical Center in Houston, generally accessed via Holcombe Boulevard or Braeswood Boulevard. **The physical address is One Mid Campus (1MC), 7007 Bertner Avenue, Houston. This conference is in person only and will not include a virtual option.**

DIRECTIONS TO UT MD ANDERSON

Directions to UT MD Anderson

An app is available for specific, real-time navigation to buildings and parking.

UTMDACC_SHP_Google Map

SECURITY CLEARANCE AND BUILDING ENTRANCE REQUIREMENTS:

Prior to the conference, we will submit the list of registered attendees to UT MD Anderson to facilitate pre-registration for building access. Registered attendees will then receive an email from support@greensecurityllc.com containing a "Request a Visit" link and must fill out the information and upload a photo. Once cleared, you'll get a confirmation email with a QR code.

Important:

- Bring the QR code (printed or on your phone).
- Bring a physical photo ID. Students may use their school ID.
- Photos of IDs on a cell phone will not be accepted.

CONFERENCE INFORMATION AND REGISTRATION FORM:

The TSAHP fall conference is an in-person event, and all participants—including presenters and attendees—must complete a registration form. Registration provides access to events, meals, and sessions. Check-in will be located outside Room 1MC3, Rooms 1, 2, 7, and 8, in the One Mid Campus Building at the UT MD Anderson Cancer Center School of Health Professions. Conference information and the registration form are available here. Conference fees are non-refundable.

Registration Type	Before 9/14	9/14–9/17
Member, Non-Member, or Presenter	$100	$125
Guest Dinner	$30	$30
Student	$25	$25

MEALS:

A light snack will be provided on Thursday afternoon. On Thursday evening, dinner will be served at the awards dinner. A light breakfast and box lunches will be available on Friday. Friday box lunch selections must be specified on the registration form and are limited to either sandwiches or salads. No extra meals will be available. All meal and break events must have a RSVP reply at the time of registration.

Special Accommodations and/or Dietary Restrictions: If you require special accommodations or have special dietary needs, please contact Shirley McGraw, (409) 771-0458 by September 1, 2026.

PARKING:

Participants are responsible for their own parking. Paid parking is available in the attached 1MC parking garage. 1MC building access is available on the 5th floor of the garage. Visitors can park in 1MC garage, take the garage elevator to the 5th floor and enter 1MC. The 5th floor of the parking garage is the same as the 3rd floor of 1MC. The security/check in desk is at the entrance to 1MC on the 3rd floor. That is where visitors will check in with security and receive their temporary badge.

HOTEL RECOMMENDATIONS:

TSAHP does not offer a designated host hotel, but several hotels are located near the UT MD Anderson School of Health Professions convention site.

- Houston Marriott Medical Center / Museum District
  6580 Fannin Street, Houston, TX 77030
  Marriott Hotel Medical Center Museum District

- Hilton Houston Plaza / Medical Center
  6633 Travis St, Houston, TX 77030
  (713) 313-4000
  Hilton Hotel Medical Center

- Blossom Hotel Houston, Curio Collection by Hilton
  7118 Bertner Ave, Houston, TX 77030
  Blossom Hotel Houston Hilton

WHAT TO WEAR:

Business casual attire is appropriate for conference sessions and the awards dinner.

ABSTRACTS:

Abstracts from this meeting's poster and platform presentations are found in these conference proceedings and may be viewed on the TSAHP website, www.tsahp.org, after the conference.

Revised 8/23/26