

Faith Connections on Mental Illness

Spring 2019 Events

- **FCMI Meeting: March 11, 2019** Sue Etheredge has provided art therapy and treatment services to incarcerated psychiatric patients for more than twenty-five years, working at the Federal Medical Center in Butner and currently at Central Prison in Raleigh. She believes that creativity and beauty are basic human needs. Ms. Etheredge is the recipient of the Dalai Lama Foundation "Unsung Hero of Compassion" Award.
- **Breathing Under Water: Spirituality and the Twelve Steps. March 13, 20, 27, April 3, 10, and 17** at Binkley Baptist Church, 12-1:00 pm. Bring your lunch (if you wish) and revive your spirit. *Breathing Under Water: Lenten noonday group, Spirituality and the Twelve Steps* offers an opportunity to apply Alcoholics Anonymous' guiding principles to our own life and addictions. The invitation is to let go of egoic attachments and step into freedom and wholeness. Richard Rohr often says, "We do not think ourselves into new ways of being; we live ourselves into new ways of thinking." Contemplative practice and spiritual wisdom joins with time-tested steps to rewire our habitual patterns of stinking thinking.
- **FCMI's Conference April 5, 2019 **** Hope and Healing: Faith Communities and the Suicide Crisis
- **FCMI meeting: May 13, 2019** Author Renee Hodges will discuss her book, Saving Bobby, a raw, honest, deeply moving memoir about the difficulties of managing recovery from opioids —the number one killer of American kids age 18–25 — told from the perspective of the addict's aunt, who took him in and dedicated herself to helping her nephew save himself.
- **NAMIWalk Saturday, May 18, 2019 at Dorthea Dix Park - Join the FCMI team**