

The Hidden Story and the Healing Power of Ol' Time Music

Susan Ketchin and Charles Coble

Sunday, January 23, 2022

The opening class last Sunday presented an overview of the spiritual power of old-time music and its roots in early southern America's unique and diverse cultural blend of white, Native and African American peoples and their music. After an overview of its history from 1619 to early rock and roll, we talked about OT American folk music's redemptive power to offer hope and healing to our souls, our communities, and to the planet. Many have experienced this music as a spiritual practice, and so will we. We will tell our own stories, and listen to music, and enjoy talking to guest musicians from Binkley and our larger community who have experienced this music's healing power and have loved sharing it with others.

The second class, this coming Sunday, will feature one of our own from Chapel Hill, Joe Newberry. An internationally known Old-time fiddler, banjo player, and songwriter, Joe will talk with us about his lifelong engagement with this music and its unique powers to bring people together. He'll play a few tunes, too, and have us all singing together, by the end of the class. **In the meantime, take a look at one of Joe's performances at:**

<https://youtu.be/Cw8xmWgxR64>

