

February 2026



"A Partnership Approach
to Maximum
Life Expression"

Sasso Family Chiropractic Center

www.sassochiro.com

732 - 929-3322

SUN

MON

TUE

WED

THU

FRI

SAT

1

*Why fit in when
you were born to
stand out?*

2

10:00—12 noon
3 pm—6:45 pm

3

3 pm—6 pm

4

10:00—12 noon
3 pm—6:45 pm

5

*When the small
dog barks, the
lion doesn't turn.*

6

10:00—12 noon
3 pm—6:45 pm

7

10:00—12 noon

8

*Change is
inevitable. You
either adapt or
get left behind.*

9

10:00—12 noon
3 pm—6:45 pm

10

3 pm—6 pm

11

10:00—12 noon
3 pm—6:45 pm

12

*It doesn't matter
where you start.
It matters where
you finish.*

13

10:00—12 noon
3 pm—6:45 pm

14

10:00—12 noon

**Happy
Valentine's
Day!**

15

*Not all storms
come to destroy
your life. Some
arrive to clear
your path.*

16

10:00—12 noon
3 pm—6:45 pm

17

3 pm—6 pm

18

10:00—12 noon
3 pm—6:45 pm

19

*The past is a
lesson not a life
sentence.*

20

10:00—12 noon
3 pm—6:45 pm

21

10:00—12 noon

**Presidents'
Day**

22

*The quieter you
become, the
more you hear
what truly
matters.*

23

10:00—12 noon
3 pm—6:45 pm

24

3 pm—6 pm

25

10:00—12 noon
3 pm—6:45 pm

26

*Anger is like hot
coal. It burns
only the hand
that holds it.*

27

10:00—12 noon
3 pm—6:45 pm

28

10:00—12 noon