

October 2025



"A Partnership Approach
to Maximum
Life Expression"

Sasso Family Chiropractic Center

www.sassochiro.com

732 - 929-3322

SUN

MON

TUE

WED

THU

FRI

SAT

*Treat yourself and your family to
CHIROPRACTIC adjustments.*

1

10:00—12 noon
3 pm—6:45 pm

*Yom Kippur
begins*

2

*Those who don't
jump will never
fly.*

3

*10:00—12 noon
ONLY with
Dr. Mark
Messano*

4

*10:00—12 noon
with
Dr. Mark
Messano*

5 *People may
hear your words,
but they feel
your attitude.*

—John C.
Maxwell

6

10:00—12 noon
3 pm—6:45 pm

7

3 pm—6 pm

8

10:00—12 noon
3 pm—6:45 pm

9 *A person who
never made a
mistake never
tried anything
new.*

—Albert Einstein

10

10:00—12 noon
3 pm—6:45 pm

11

10:00—12 noon

12 *Are you
hesitating or
simply nailed to
the floor?*

13

10:00—12 noon
3 pm—6:45 pm

14

3 pm—6 pm

Columbus Day

15

10:00—12 noon
3 pm—6:45 pm

16

*You cannot
shake hands with
a clenched fist.*

17

10:00—12 noon
3 pm—6:45 pm

18

10:00—12 noon

19 *Sometimes you
win. Sometimes
you learn.*

—John Maxwell

20

10:00—12 noon
3 pm—6:45 pm

21

3 pm—6 pm

22

10:00—12 noon
3 pm—6:45 pm

23

*Fear does not
stop death. It
stops life.*

24

10:00—12 noon
3 pm—6:45 pm

25

10:00—12 noon

26 *I CAN is 100
times more
important than
IQ.*

27

10:00—12 noon
3 pm—6:45 pm

28

3 pm—6 pm

29

10:00—12 noon
3 pm—6:45 pm

30

*Great things
never came from
comfort zones.*

31

10:00—12 noon
3 pm—6:45 pm

Happy Halloween

