

January 2026



"A Partnership Approach
to Maximum
Life Expression"

Sasso Family Chiropractic Center

www.sassochiro.com

732 - 929-3322

SUN

MON

TUE

WED

THU

FRI

SAT

Today is the first blank page of a 365-page book. Write a good one.

1

New year, new beginnings.

2

10:00—12 noon
3 pm—6:45 pm

3

10:00—12 noon

4

Everyone's journey is different.

5

10:00—12 noon
3 pm—6:45 pm

6

3 pm—6 pm

7

10:00—12 noon
3 pm—6:45 pm

8

To the world you may be one person. But to one person, you may be the world.

9

10:00—12 noon
3 pm—6:45 pm

10

10:00—12 noon

11

The art of life lies in a constant readjustment.

12

10:00—12 noon
3 pm—6:45 pm

13

3 pm—6 pm

14

10:00—12 noon
3 pm—6:45 pm

15

You only fail if you quit.

16

10:00—12 noon
3 pm—6:45 pm

17

10:00—12 noon

18 *Don't give up. Today's mighty oak is just yesterday's nut that held it's ground.*

19

10:00—12 noon
3 pm—6:45 pm

20

3 pm—6 pm

MLK Day

21

10:00—12 noon
3 pm—6:45 pm

22 *When you talk, you are only repeating something you already know. If you listen, you may learn something new.*

23

10:00—12 noon
3 pm—6:45 pm

24

10:00—12 noon

25

The world is changed by your example, not by your opinion.

26

10:00—12 noon
3 pm—6:45 pm

27

3 pm—6 pm

28

10:00—12 noon
3 pm—6:45 pm

29 *Learn to be done. Not mad, not bothered, just done. Protect your peace at all costs.*

30

10:00—12 noon
3 pm—6:45 pm

31

10:00—12 noon