

November 2025



"A Partnership Approach
to Maximum
Life Expression"

Sasso Family Chiropractic Center

www.sassochiro.com

732 - 929-3322

SUN

MON

TUE

WED

THU

FRI

SAT

1

10:00—12 noon

Let our lives be full of Thanks and Giving

2

*Daylight Savings
Time ends*

3

10:00—12 noon
3 pm—6:45 pm

4

3 pm—6 pm

**Election
Day**

5

10:00—12 noon 3
pm—6:45 pm

6

*Keep your face
to the sunshine,
and shadows will
fall behind you.*

7

10:00—12 noon
**ONLY with Dr.
Mark Messano**

8

10:00—12 noon
with Dr. Mark
Messano

9

*Anxiety is just
repeatedly
experiencing
failure in
advance.*

10

10:00—12 noon
3 pm—6:45 pm

11

3 pm—6 pm

**Veterans
Day**

12

10:00—12 noon 3
pm—6:45 pm

13

*Opportunities
multiply as they
are seized.
—Sun Tsu*

14

10:00—12 noon
3 pm—6:45 pm

15

10:00—12 noon

16

*Be kind, for
everyone you
meet is fighting
a hard battle. —
Plato*

17

10:00—12 noon
3 pm—6:45 pm

18

3 pm—6 pm

19

10:00—12 noon 3
pm—6:45 pm

20

*Failure is a
bruise, not a
tattoo.*

21

10:00—12 noon
3 pm—6:45 pm

22

10:00—12 noon

23

*You cannot
change what you
refuse to
confront.*

24

10:00—12 noon
3 pm—6:45 pm

25

3 pm—6 pm

26

10:00—12 noon 3
pm—6:45 pm

27

Happy
Thanksgiving

28

**OFFICE
CLOSED**

29

10:00—12 noon

30 *What you
do every day
matters more
than what you do
every once in a
while.*

*"Hope your Thanksgiving is as sweet as pumpkin pie
and filled with love and laughter."*