

Schedule

SUMMER IN 2022, JAPAN

5/22-6/4 in Tokyo (東京)

GYROTONIC® Level 1 Foundation Course

@Beyond The Body,

<https://beyondthebody.jp/>

6/7-6/16 in Hyogo(兵庫)

GYROKINESIS® Level 1 Foundation Course

@GYROTONIC® KOBE,

<http://gyrotonickobe.com/>

6/19-6/21 in Osaka (大阪)

Cardiovascular Breathing Progression 1

@Studio Soula,

<https://www.studio-soula.com/>

6/22-6/24 in Hyogo(兵庫)

GYROTONIC® Level 2

Program 1 Pre-Training

@GYROTONIC® KOBE,

<http://gyrotonickobe.com/>

6/27-6/29 in Tokyo (東京)

Cardiovascular Breathing Progression 1

@Studio Naturalflow,

<https://studionaturalflow.com/teacher/>

7/2-7/4 in Hyogo(兵庫)

Lotus Blossom Program 1

@GYROTONIC® KOBE,

<http://gyrotonickobe.com/>

Naoko Moriyama-Robbins
INFO@GYROTONICNBROADWAY.COM



GYROTONIC®
on Broadway