

COVID-19

KEY MESSAGES AND TALKING POINTS



Parkland
Care. Compassion. Community.

June 7, 2021

You are receiving this email because you are a leader within our community—a trusted source of information for your friends, family and neighbors. At Parkland, we know that people are looking to you for guidance and reassurance. So, over the next couple of months (or for as long as it takes), we will be sending you updates and talking points that you may find useful as you communicate with those within your networks.

Thank you for your leadership and support during this challenging time.

COVID-19 vaccine

It's time to roll up your sleeve

- COVID is still taking lives in our community. Protect yourself and get the COVID-19 vaccine.
- Every person vaccinated helps protect several others who are at risk of getting COVID-19, including family members at home, loved ones, friends, classmates and coworkers.
- Let's not stop the progress we are making as our lives and our economy are starting to recover from the ravaging impact of COVID-19.
- The U.S. Department of Health and Human Services offers an [interactive map that estimates hesitancy](#) by “public-use microdata areas,” or areas of roughly 100,000 people. The map’s zoom feature can pinpoint areas, such as Dallas County, and the estimated level of hesitancy within that area.
- Just like the COVID-19 virus, [myths](#) about the COVID-19 vaccine’s safety and effectiveness are spreading. [Learn more about the facts.](#)
- Learn more about key things to know about the COVID-19 vaccine from the [U.S. Centers for Disease Control and Prevention](#).

Parkland starts pop-up vaccine events

- Parkland is making it easier for you to get the COVID-19 vaccine with pop-up vaccination sites at different locations across Dallas County.
- Vaccines are free and no appointment is needed. All you have to do is roll up your sleeve.
- Note that minors (12-17 years old) should be accompanied by an adult.
- The next pop-up vaccine event will be **Wednesday, June 16, 3-7 p.m. at MacArthur High School**, 3700 N. MacArthur Blvd., Irving, TX 75062. The second dose will be administered 21 days later on Wednesday, July 7.
- Find an upcoming location near you: www.parklandhospital.com/CommunityCalendar.

Vaccines at Ellis Davis will be closed June 12-19

- COVID-19 vaccines at the Ellis Davis Field House will be closed June 12-19 due to scheduled DISD events.
- During that time, anyone over the age of 12 can get the vaccine without an appointment at the locations below. Minors need to be accompanied by an adult.
 - **Parkland Memorial Hospital**, 5200 Harry Hines Blvd., Dallas, 75235 from 10 a.m. to 6:30 p.m. on Sundays, Tuesdays and Thursdays or between 7 a.m. and 3:30 p.m. on Monday Wednesday and Friday.
 - **Pop-up vaccination events** across Dallas County. Dates and times vary. Find an event near you at www.parklandhospital.com/CommunityCalendar.

Parkland's Eastfield drive thru vaccine site closed permanently

- Drive thru COVID-19 vaccinations are now closed at Dallas College - Eastfield Campus.
- But you can still get the vaccine and keep yourself and those around you safe!
- Anyone over the age of 12 can get the vaccine without an appointment at the locations below. Minors need to be accompanied by an adult.
 - **Ellis Davis Field House**, 9191 S. Polk St., Dallas, 75232 between 7:30 a.m. and 4 p.m., Monday to Saturday.
 - **Parkland Memorial Hospital**, 5200 Harry Hines Blvd., Dallas, 75235 from 10 a.m. to 6:30 p.m. on Sundays, Tuesdays and Thursdays or between 7 a.m. and 3:30 p.m. on Monday Wednesday and Friday.
 - **Pop-up vaccination events** across Dallas County. Dates and times vary. Find an event near you at www.parklandhospital.com/CommunityCalendar.

Schedule a group vaccine visit

- The State Mobile Vaccine Program now offers traveling COVID-19 vaccines for groups as small as five people.
- Call 844-90-TEXAS and select option 3 to schedule a mobile vaccine clinic for your group of friends, family, employees, and more.
- Homebound Texans can also request a vaccination home visit. Call 844-90-TEXAS and choose option 1.
- The call center is open Monday-Saturday from 8 a.m. to 5 p.m. Learn more about the [state's mobile vaccine program](#).

Mental health support during the pandemic

HHSC offers free behavioral health training

- The Texas Health and Human Services Commission launched a new behavioral health eLearning series aimed at educating about signs and symptoms of mental illness, decreasing stigma, and promoting emotional, psychological, and social well-being.
- Anyone can take the 10 interactive learning modules; not only those dealing directly with behavioral health conditions, but also friends, family members and advocates.
- Each module is anonymous and takes no more than 30 minutes.
- Topics covered include anxiety disorders, depression, substance use disorders, mood disorders, trauma and post-traumatic stress disorder, aging and behavioral health, psychosis and schizophrenia, serious emotional disturbances in children and suicide prevention.
- The eLearning series is free to the public at <https://mentalhealthtx.org/resources>.

24/7 support line

- The COVID-19 crisis can cause stress and anxiety for many.
- If you are finding the changes, stress and worries hard to handle on your own, please seek help.
- Texas Health and Human Services launched a 24/7 mental health support line to help Texans experiencing anxiety, stress or emotional challenges due to the COVID-19 pandemic.
- Texans can call the toll-free line for confidential and free counseling services: **833-986-1919**.
- Learn more about the Department of State Health Services' mental health support. Additional resources for stress and coping are available from the U.S. Centers for Disease Control and Prevention.

Additional recovery resources

Parkland extends visitor hours

- Parkland extended visiting hours from 8 a.m. - 8 p.m. daily. Hospital patients will now be able to have two visitors each day. Visitor names must first be added to the patients' medical record. Hospital patients who have COVID-19 will still be allowed one visitor.
- Patients in outpatient areas such as clinics will now be able to have one visitor.
- For everyone's health and well-being, visitors must stay in the patient rooms and cannot visit Park Market or the cafeteria or eat in patient rooms. All visitors must wear masks at all times and must follow the Parkland COVID-19 screening and safety steps.
- Thank you in advance for helping keep our patients, visitors and staff safe.

WIC food benefits extended

- The Texas Health and Human Services Commission (HHSC) temporarily increased food benefits for families participating in the Texas Special Supplemental Nutrition Program for Women, Infants and Children (WIC) through September 2021.
- This temporary increase specifically covers the purchase of fruits and vegetables.
- Clients receive benefits three months in advance and existing clients should already have the \$35 in their benefits starting in June.
- For more information, visit <https://texaswic.org>.