

EMPOWER OUR GIRLS!

CHRYSALIS CIRCLE & CATERPILLAR GIRLS

Strong! Courageous! Confident! Resilient!

CHRYSALIS CIRCLE empowers middle and high school girls by weaving the fun of nature adventure with learning lifetime practices for self-awareness, emotional discernment, stress relief, deep listening, aligning values, and growing their sense of self. **Nature connection is the heart of Chrysalis!**

July 29th - August 3rd, 2019

"Chrysalis has put me more in touch with myself and everyone around me."

"It empowered my mind, body and soul!"

"It has helped me be in tune with myself."

CATERPILLAR GIRLS empowers 2nd-5th graders through nature adventure and creativity through the exploration of Earth, Air, Water and Fire, without and within, and our connection to the web of life. Girls learn to use their powerful voice and grow confidence about the young woman they are becoming. **Caterpillars is about discovery, play, creativity and freedom to explore nature.**

August 5th - 9th, 2019



ADVENTURE SELF-AWARENESS RESILIENCE EMPOWERMENT

Save with early registration!
Reserve your place today

Chrysalis Circle:
\$395 through May 15, then \$450

Caterpillar Girls:
\$300 through May 1, then \$325

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