



EAT • CHAT • PARENT
MENTAL HEALTH SERIES



EAGLE RIVER
YOUTH COALITION
MAKING YOUTH A COMMUNITY PRIORITY

YOUR KID'S BRAIN ON



THE SCARY TRUTH



GUEST SPEAKER: **DR. LISA STROHMAN**

Nationally recognized expert from Scottsdale, Arizona, Dr. Lisa Strohman, is a clinical psychologist and author of the book "Unplug: Raising Kids In A Technology Addicted World."

Join us as she talks about the effects of technology on our kids today and how we can empower kids to rise above technology addiction.

TUESDAY, OCTOBER 2

Battle Mountain High School Auditorium
0151 Miller Ranch Rd, Edwards

WEDNESDAY, OCTOBER 3

Eagle Valley High School Auditorium
641 Valley Rd, Gypsum

5:30PM - 7:30PM | FREE

- 5:30pm Dinner, 6:00pm Presentation
- Free Childcare
- Youth 5th grade and up are invited to attend with their parent
- Spanish interpretation upon request
- Mental Health Resources

RSVP RECOMMENDED: Carol Johnson, cjohnson@eagleyouth.org, (970) 949-9250



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