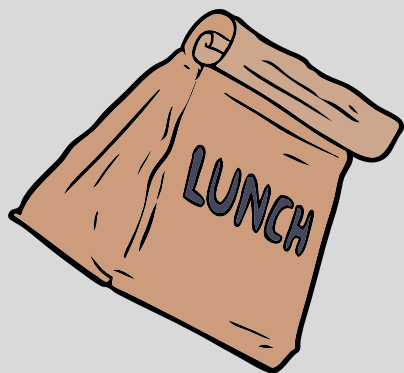


Lunch and Learn



Bring a Brown
Bag Lunch!

Learn how to
identify signs and
symptoms of
depression in
youth and their
friends.

Learn what it
means to be a
trusted adult.



**Expert
Speaker:**
Molly Fiore
Author, Speak Up
Reach Out Board
Member, Signs Of
Suicide (SOS) Program
Presenter

The Trusted Adults Training
is a one-hour program valuable
educational tool for parents and
all community members .
It details the issue of depression
and suicide among youth and
emphasizes the important role
parents can play in
helping at-risk students.

**You will learn to recognize early
warning signs of mental illness
and/or suicidal ideation in a teen,
how to offer support that is helpful
and connect that individual to
further help.**

Tuesday
October 16
Noon-1 pm

Vail
Public
Library

rsvp - Carol Johnson
cjohnson@eagleyouth.org

