Preconditions to SDM

Organizational:
- Check enough time for the decision-making process
- Logistics in which patients are informed that a decision needs to be made
- (Re)structuring multidisciplinary team meetings

Patients/caregivers:
- Receive personally relevant information
- Caregivers need to be involved

Professional:
- Acknowledge importance of SDM
- Discuss all treatment options
- Communication skills, enough time, knowledge of patients, and acknowledgement of differences patients/caregivers

Professional-patient relationship:
- Stress the need for a shared decision, including option of no active treatment
- Check patient preferences continuously
- Assess (realistic) expectations and cultural differences
- Consider differences in knowledge/emotions between professional and patient