

# Shimon's Pesach Adventure

By: Dr. Devora Samet





My name is Shimon. I am 8 years old. I'm in second grade.

The Yomtov of Pesach is coming. There are going to be a lot of interesting things happening.





Before Pesach, we'll have a lot of days off.  
What will I do then?

First, I'll be able to wake up a little late, I'll get dressed, I'll eat and daven.



Then I'll help clean, and when I'm done, I can play a ton all day.





On Friday, Erev Pesach, I'll wake up early because I'll need to help get ready for yomtov.

I'll be super careful with the chometz that day, especially because Pesach is almost here.

I can help clean and vacuum.

I can peel vegetables and fruits.

I can help change over the kitchen.

I can help lock up cabinets that are chometz.



My mom or dad can find things for me to do Erev Pesach.



A lot of moms are busy and a little nervous Erev Pesach. That's because there is so much to do in so little time.

I will try to remember to be helpful so that my mom will get the help she needs, and she'll be less nervous.



I'll also try to get along with my siblings so that everyone is calm, and my mom is more likely to be calm.





Sometime early in the afternoon, my mom will serve Pesach food so that we're not hungry. I'll ask my mom calmly when we can have lunch.

In the afternoon, I will take a shower when my mom or dad tells me to.

This year, Pesach starts Motzei Shabbos. On Shabbos morning, we will eat the seudah early as we can eat Chometz until approximately 10:11am (NY)



What are some  
**reds and greens** I need to  
remember over Yomtov?





**Green:** Helping and doing the tasks that my mother or father ask me to do

**Red:** Not helping for yomtov



I want to feel part of the Yomtov preparation. I will likely enjoy the Yomtov even more because I worked hard for it, too.





# Green: Taking a nap Erev Yomtov

# Red: Staying up when everyone takes a nap



I want to be awake at the Seder so that I can steal the Afikomen and stay up all night. My body needs energy, though. I'll try to sleep during the day so that I have energy to stay up for the Seder night.



**Green:** Getting dressed in the special Yomtov clothes my mom prepared for me



**Red:** Refusing to wear the special Yomtov clothes

I want my mother to get me more nice clothes.  
When I wear what she buys, she'll be excited to  
shop for me again.





**Green:** Tasting different foods even if I might not like it.

**Red:** Refusing to taste new and different foods



It's good to be brave and try different foods. I might discover that I like it!





**Green:** Eating during mealtime and snack time.

**Red: Eating all day**



My family has plenty of food on yomtov. There's a time to eat and a time to play and do other things.



**Green:** Staying calm when things go wrong

**Red:** Throwing a tantrum when things go wrong



Maybe some grape juice will spill. Maybe it'll spill onto my Haggadah or my beautiful white new shirt. That's ok. I will calmly get some napkins and wipe the spill.





**Green:** Cooperating nicely when going to my grandparents to wish them “Good Yomtov”

**Red:** Being uncooperative when my family is getting ready to go to my grandparents



My grandparents love me, and they want to see me and wish me Good Yomtov, too!





**Green:** Giving my married siblings space when they need a little time for themselves

It's nice to spend some time together with my married siblings. And sometimes they need some time alone. That's ok. They still love me even when they need a little time for themselves.

**Red:** Clinging to my married siblings even when they ask for a little space



# On Yomtov mornings, I will...

1. Wake up and say Modeh Ani
2. Wash my hands and face
3. Get dressed
4. Make my hair or peyos (side curls)
5. Put the dirty laundry in the basket
6. Make my bed
7. And tidy up my room



# Then...

1. I will daven *Birchas Hashachar*
2. Help Mommy with my little brother
3. Eat breakfast
4. Put my plate in the garbage
5. And wash my hands



**I'll try to remember...**

When I play a game, the pattern is always...

1. Set up
2. Play
3. Cleanup



I set up the game, for example, Magnatiles.

Then I play for a while.

When I'm done playing, I clean up.



# On most days of Yomtov, I will probably...

1. Play games
2. Read books or children's magazines
3. Play some more games
4. Play with my little brother or sister, or nieces and nephews, or cousins
5. Set the table for Shabbos or Yomtov
6. Help clean the dining room
7. Help clean the kitchen
8. Play some more games
9. Daven
10. Play some more games
11. Daven some more
12. And play again

Wow! That's a lot of playing.



# Some more reds and greens...





**Green:** Talking and playing with people I know

**Red:** Talking and playing with people I don't know



I'm allowed to play with people I know. Also, if my parents take me to a new friend, I can play with that new friend, too. I cannot play with strangers even if they look friendly unless I get permission from my parents.



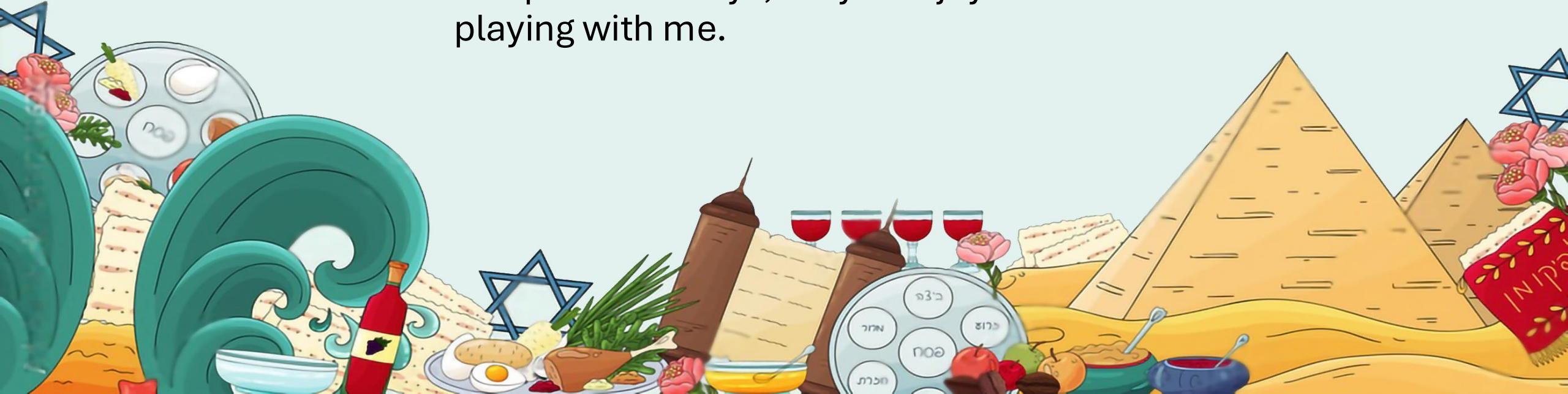


**Green:** Playing nicely and respecting other people's toys

**Red:** Breaking toys that others are playing with



I want to play with other kids. When I respect their toys, they'll enjoy playing with me.





**Green:** Keeping toys and books in the play area

**Red:** Putting toys or books on the table, in the dining room, or in the kitchen



I want my books to be clean and neat. They need to stay away from food and from other places where they can get dirty.





**Green:** Stay in safe places such as in the play area

**Red:** Going to the basement or close to the oven



I need to stay safe and healthy. Our basement is not finished, and it's not made for playing. I'll play where it's safe.



When I do the greens, it makes my parents and siblings and family happy. When others do greens to me, I feel happy.

I will try to do the greens so that my family and I will have an enjoyable Yomtov!



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