



John Stark Regional High School

618 North Stark Highway, Weare, NH 03281. 603.529.7675. www.jsrhs.net

Flu Clinic for Students at No Cost to Your Family

Dear JSRHS Family,

Welcome back to a new school year! With back-to-school time comes a whole checklist of things you need to take care of to get the year started off right. Well, there's one thing we can check off that list for you! This fall we will be hosting a school-based flu clinic for all students where your child can get an annual flu vaccine. Our clinic will take place during the school day, and trained medical staff will give the vaccine. Our clinic is offered in cooperation with the New Hampshire Immunization Program and your local public health network.

Why sign your child up for this year's flu clinic?

- It's provided at **NO COST** to your family.
- Your child will be less likely to come down with the flu and miss school time.
- You won't have to miss work from your child being sick with the flu.
- You won't have to make a separate appointment or trip to your medical provider!

The best way to protect against the flu and its severe complications is to get a flu vaccine each year. Anyone can catch the flu, but rates of infection are highest among children. Some children may suffer from complications if they have a long-term health condition like asthma, diabetes, and heart disease. The Centers for Disease Control and Prevention and the New Hampshire Department of Health and Human Services recommends that everyone six months of age and older should get a flu vaccine.

The Advisory Committee on Immunization Practices (ACIP) does **not** recommend use of the nasal vaccine during the 2016/2017 flu season. As a result, the vaccine offered at the school-based flu clinics this year will be a **flu shot**, Inactivated Influenza Vaccine (IIV).

If you would like your child to receive a flu vaccine in school, consent forms are available in the Main Office as well as the Health Office, please sign the consent form and return all copies back to the school with your child today. The flu clinic will be **October 25th, 2016** and reminder notifications will be sent out. Vaccine Information Statements provided from the CDC are available via the link below to help answer your questions at <http://www.cdc.gov/vaccines/hcp/vis/index.html>.

You may also direct questions to your school nurse at 529-5300 or the New Hampshire Immunization Program at 271-4482.

Sincerely,

Regina Jensen, BSN RN
School Nurse