Cal-MAP Q&A

Do you have questions about Cal-MAP? Then check out the below Q&A for more information!

1. **As a primary care pediatrician, why is Cal-MAP useful?**
    a. Cal-MAP provides expert guidance at our fingertips! There is a growing youth mental health crisis nationwide that will only be worsened by impending funding cuts to critical mental health services for youth. We are on the front lines of this crisis. Our patients and their families often come to us first with their mental and behavioral health concerns. As we know, kids wait months to see specialty mental health. Cal-MAP supports us to meet the mental health needs of our young patients immediately within our practices. With Cal-MAP, we are not alone.

2. **Who does Cal-MAP serve?**
    a. Primary care providers in California (MD/DO, NP, PA) working with patients age 0-25 yrs old (Pediatrician, Family Medicine, Internal Medicine, OB/Gyn)

3. **Is there a cost for Cal-MAP services?**
    a. All services are free and paid for by state and federal funding. No cost to clinics, insurance or families.

4. **What services does Cal-MAP provide?**
    a. Curbside consults by phone or E-Consults with a Child and Adolescent Psychiatrist (Mon-Fri, 8:30 to 5pm) for specific patient cases. 50+ hours of free CME training on diagnosing and treating mental health concerns: Webinars (live and recorded), Cal-MAP Statewide Curriculum Core Certification (6 hours covering ADHD, depression, anxiety, autism, suicidality and SSRI's), Project ECHO (live virtual learning community). Curated resources for clinicians and families (downloadable and organized by diagnosis) Care Coordination services with referrals by geographic location and direct-to-family support in accessing services.

5. **Is there any documentation provided after the consultation?**
    a. Yes, you will receive a consult letter detailing the discussion and recommendations in 24 hours after the consultation.

6. **Can providers bill for the Consultation Time?**
    a. Yes, Cal-MAP has information on billing for your time spent speaking with the Cal-MAP consultant (based on whether the Cal-MAP consultation happened on the same day as your visit with the patient or on a different day).

7. **What is one change that providers report after receiving Cal-MAP consultation?**
    a. "My ability to speak with parents/caregivers about their child's mental/behavioral health issues improved."

8. **Is Cal-MAP effective?**
    a. Yes, Cal-MAP is an evidence-based model with 49/50 states offering similar programs.

9. **Can I call Cal-MAP for a consultation if I have not yet registered with Cal-MAP?**
    a. Yes, you can register on the phone when you call for a consultation.

10. **How do I get started with Cal-MAP?**
    a. Check out the resources below! Register for the Cal-MAP consultation program here: https://cal-map.org. Or, email michelle.riederer@ucsf.edu.

